Sunday, August 3rd: Eighth Sunday After Pentecost
40 Day Memorial Service for Richard Salhany

Saturday, August 9th: 9:30 A.M. - Cooking Session at the Parish Center

Sunday, August 10th: Ninth Sunday After Pentecost and The Sunday after Transfiguration

Monday, August 11th: 7:00 P.M. – Bible Study in the Church Hall

Tuesday, August 12th: 7:00 P.M. – Parish Council Meeting

Sunday, August 17th: Tenth Sunday after Pentecost and The Sunday after the Dormition
St. Mary Feast Day Dinner

Sunday, August 24th: Eleventh Sunday After Pentecost

Sunday, August 31st: Twelveth Sunday After Pentecost

Sunday, September 6th: 5:00 P.M. – Arabic Liturgy

Sunday, September 7th: The Sunday Before the Elevation of the Holy Cross and the Prefeast of the Nativity of the Theotokos

Monday, September 8th: 7:00 P.M. – Bible Study in the Church Hall
7:00 P.M. – Ladies Society Meeting

Tuesday, September 9th: 7:00 P.M. – Parish Council Meeting

Sunday, September 14th: The Feast of the Elevation of the Cross

Wednesday, September 17th: 7:00 P.M. - 2015 Parish Life Conference Committee Meeting

Sunday, September 21st: Leave-Taking & Sunday After the Elevation of the Cross

Wednesday, September 24th: 7:00 P.M. – Bazaar Committee Meeting

**CHURCH EMAIL ADDRESS CHANGE**

Please use our new email address **office@stmarypawtucket.org** for all church correspondence.

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Saint Mary Antiochian Orthodox Church

Sunday, August 3, 2014
Eighth Sunday After Pentecost
TEACHINGS ON PRAYER; ITS KINDS AND USEFULNESS

The Holy Scripture tells us how God made the invisible and the visible world only by His Word. He said “let it be done” and it was done. In the same way God created the angels and nature — the light, the plants, the animals. But when God made man, first — God the Holy Trinity — sought council and said: “Let Us make man in Our image, according to Our likeness...” (Gen. 1:26). Man was not made by God’s commandment, but God Himself took dust and made man with His own hands. So God gave man a great deal of honor and attention from the time He created him. And then God “breathed into his nostrils the breath of life...” (Gen. 2:7). The Holy Fathers of the Church say that it was this breath of God that imprinted the image of God in man, manifested in him through various powers and spiritual characteristics, namely: reason, will and feelings. The text of the Bible indicates therefore that the heart of man was from the beginning the place of meeting between God and man; after that, following the sin of disobedience, the heart of man became the abode of the devil. This is why it is written: “...an evil man out of the evil treasure of his heart brings forth evil” (Lk. 6:45).

Therefore, man, being “in the image of God” is a spiritual being who desires to be in communion with God and tries to move toward God by his good deeds, the most important one being prayer; only prayer brings man to perfection. The likeness of man with God is accomplished by the “grace of God” which leads man toward a deep spiritual life, toward holiness.

God made man out of love, to make him rule over everything He created, and by His divine Grace He imprinted in man three virtues: faith, hope and love. Faith opens the road and counsels the spirit to move toward God, hope gives the spirit courage to soar and desire to unite with the eternal God, and love unites the soul with God because God is love, and man, being the image of God is also love. These three virtues are the foundation of Christian life; love is, however, the most important because one who has love fulfills all of God’s commandments.

Love flows from the center of our being and works through the three spiritual virtues, reason, will and feelings, and unites with God. Love is similar to Jacob’s ladder, which symbolizes the Mother of God; through her God descended and became incarnate, and the man, by the prayers and under the protection of the Mother of God, rises up to heaven. Therefore, love brings God down into the heart of man and at the same time it raises man to heaven; in this manner the faithful are totally transfigured by the divine love. In the Philocalia and the Patericon we find the examples of many saints who all practiced and described the life of personal and unceasing prayer.

What is prayer? Prayer is a great gift given us by God in order to be able to keep in touch with Him. Through prayer the heavenly and the earthly meet and by their union is born the illumination, the renewal and the sanctification of man. What food represents to the body, prayer represent to the soul. The truly faithful man is a man of prayer. Man must pray with words, in his mind and with good deeds because the deeds are also a form of prayer. Through prayer we get close not only to God but to our fellow man, because only through prayer we realize how close we are to one another. When a Christian prays, his prayer is on behalf of all Christians and for all Christians. This is the expression of the reciprocal love that unites all Christians in the same religion and in the same community of the Church, uniting us with God.

Prayer is the intimate relationship of man with God; it is the raising of the mind and of the will toward God. When we pray we must chase from our mind all cares and direct our spirit with all our might toward God so that “the mind will forget about earthly things and the heart will leap with joy” (Romanian Philo- calia, Vol. I, Evagrius, On Prayer).
Orthodox Vocabulary

Economy

See Eph 3:9. The economy is more than simply the “history of salvation”; it is the dispensation, or wise arrangement by stages, whereby the mystery that is Christ is brought to fulfillment. From Pentecost on, the economy has become Liturgy because we are in the stage of response and of the synergy of Spirit and Church.

Revere every work, every thought of the Word of God, of the writings of the Holy Fathers, and amongst them, the various prayers and hymns which we hear in church or which we read at home, because they are all the breathing and words of the Holy Spirit. It is, so to say, the “Holy Spirit Himself,” who “maketh intercession,” for us and through us, “with groanings which cannot be uttered” (Romans 8:26).

~St. John of Kronstadt

Bible Study

Come join us for Bible study, held every Second Monday at 7pm in the Church Hall. Remember to bring your copy of The Orthodox Study Bible for referencing during the Bible Study session.

Sunday, August 3, 2014
Eighth Sunday After Pentecost

Troparion of the Resurrection: Tone 7
Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

Troparion of the Dormition: Tone 1
“In giving birth, Thou didst keep Thy virginity and in Thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercessions from death Thou dost redeem our souls.”

Kontakion of the Transfiguration of Christ: Tone 7
Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.
Epistle
I Corinthians 1:10-17

Prokeimenon: The Lord will give strength to his people.
Verse: Bring to the Lord, O Sons of God, bring to the Lord Honour and glory.

The reading is from Saint Paul's First Letter to the Corinthians.

Brethren, I appeal to you by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest any one should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized any one else.) For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

The Gospel
Matthew 14:14-22

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds.

Coffee Hour Sponsorships

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate $ 75.00 to the church so that a Parish Council member will handle the coffee hour on your behalf.

If you would like to sponsor a coffee hour, please see Fr. Elie. Please make check to St. Mary Church for coffee sponsorship and earmark “Coffee Hour”.

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<tr>
<th>Date</th>
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<tr>
<td>August 3</td>
<td>The Salhany Family</td>
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<td>August 17th</td>
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<td>Michael &amp; Tanya Schillawski</td>
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<td>September 21st</td>
<td>The Ganim Family</td>
<td>George Ganim (15 years)</td>
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<td>September 28th</td>
<td>The Samra Family</td>
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**Assessment Fee**
The St. Mary Parish Council wishes to kindly remind the Faithful to send in their Archdiocese Assessment of $125 made out to St. Mary Church. Please help us to be able to meet our obligations to the Archdiocese.

**Coffee Hour**
A Memorial Coffee Hour today is offered by Kenneth and Rania Salhany & Family in memory of Richard Salhany. The coffee hour will be held at the Parish Center following Liturgy— all are welcome.

**Help Wanted**
We are asking for men to volunteer for approximately two hours clean up time after the Feast Day Dinner!!
Please contact Marlene Samra (401) 334-2465 or momsamra@gmail.com

**Cooking Session**
Everyone is invited to help prepare the Sfeeha and Kibbee for our Feast Day on August 17th. We will be having a cooking session on August 9th at 9:30. All are welcomed!

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**40 Day Memorial Service**
A Forty Day Memorial Service for Richard Salhany is being offered by Kenneth and Rania Salhany & Family. A Coffee Hour is being offered in his memory at the Parish Center following Liturgy.

**A VOTIVE CANDLE IS LIT FOR GOOD HEALTH AND BLESSING OF:**
- Paula Hallal offered by her father, Fred Hallal
- Alicia Maurice, offered by her parents Glenn & Donna Maurice
- Our Sisters in Christ— wishing that our prayers bring you comfort and health, offered by the Ladies Society
- Parishioners and their Families who are ill— praying for your comfort and health, offered by St. Mary Parish Francine and Julie, offered by Louis Slemon
- Amy Saulen, offered by Samy and Helen Morcos

**PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:**
- Sgt. Thomas Schillawski, offered by Jim and Beth Schillawski
- Peter Marcotte, offered by Edward and Lillian Betor
- Violette Habib, offered by Emad Amirhom
- Essam Amirhom, offered by Emad Amirhom
- Emad Amirhom, offered by Emad Amirhom
- Maria Santos, offered by Emad Amirhom
- Nora Abdelahad, offered by Charles and Elaine Agaty
- Mark Hashway, offered by Elaine Wilbur
- Kevin Hashway, offered by Elaine Wilbur
- April Gentes Robert, offered by George & Sandra Matook
- Nabil Khoury, offered by Salwa Khoury
- Elaine Wilbur, offered by Lorice Hallal
- Kevin Hashway, offered by Lorice Hallal
- Elaine Wilbur, offered by Barbara Samra
- Elaine Wilbur, offered by Philip & Bette Ayoub
- Elaine Wilbur, offered by Nabil & Salwa Khoury
- Elaine Wilbur, offered by Ron & Janice Hallal
- Vickie & Al Hallal, offered by Ron & Janice Hallal
- Lorna & John Hallal, offered by Ron & Janice Hallal
- Connie & George Matook, offered by Ron & Janice Hallal
- Rich & Flora Popovici, offered by Ray & Leila Trabulsi
- Elaine Wilbur, offered by Elaine Swistak
- The David Families, offered by Elaine Swistak
- Paul, Maureen & Mary Gurghigian, offered by Elaine Swistak
- Elaine Wilbur, offered by Albert & Victoria Hallal
- Glen Maurice, offered by Albert & Victoria Hallal
- George & Connie Matook, offered by Albert & Victoria Hallal
- Charles Slemon, offered by The David Family
PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Emma Nassaney, offered by Holly Lazieh and Sons and Bob Dessaint
Alexander Lazieh, offered by Holly Lazieh and Sons and Bob Dessaint
Elaine Wilbur, offered by Joe and Marlene Samra
Mark Hashway, offered by Joe and Marlene Samra
Kevin Hashway, offered by Joe and Marlene Samra
Renna, Kenny & Joe Salhany, offered by Ken & Rania Salhany
Antwanet Baalbaki, offered by Ken & Rania Salhany & Family
Mary Shagouri, offered by Ken & Rania Salhany & Family
Rosette Baalbaki Eid & Family, offered by Ken & Rania Salhany & Family
Rowayda Baalbaki Shooaa & Family, offered by Ken & Rania Salhany & Family
Salhany & Baalbaki & Ganim Families, offered by Ken & Rania Salhany & Family
William Salhany, offered by Ken & Rania Salhany & Family

PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:

Frances Slemon, offered by Louis Slemon
Stephen Pimental, offered by Lori Pimental
Atalla Amirhom, offered by Emad Amirhom
Labiba Nicola Hanna, offered by Magdy Guirguis
Charles Abdelahad, offered by Charles and Elaine Agaty
Mary Samra, offered by Charles and Elaine Agaty
Richard Salhany, offered by Charles and Elaine Agaty
Charles Abdelahad, offered by Nora Abdelahad
Mary Samra, offered by Nora Abdelahad
Richard Salhany, offered by Nora Abdelahad
Fred Hashway, offered by Elaine Wilbur
Abraham George, offered by The George Family
Richard Salhany, offered by George & Connie Matook
Mary J. Samra, offered by Lorice Hallal
Mary Samra, offered by Barbara Samra
Mary Samra, offered by Elaine Wilbur
Mary Samra, offered by George & Sandra Matook & Family
Richard Salhany, offered by John Salhany
Richard Salhany, offered by Ken & Rania Salhany & Family
Ruth A. Salhany, offered by Ken & Rania Salhany & Family
George H. Baalbaki, offered by Ken & Rania Salhany & Family
Abdulah Shagouri, offered by Ken & Rania Salhany & Family
Foud & Aboudeh Shooaa, offered by Ken & Rania Salhany & Family
Nazira & George Kasatli, offered by Ken & Rania Salhany & Family
Samar Radwan Dada, offered by Ken & Rania Salhany & Family
Fred Salhany, offered by Ken & Rania Salhany & Family
Robert Salhany, offered by Ken & Rania Salhany & Family
Kamel & Ethel Salhany, offered by Ken & Rania Salhany & Family
Dimitri & Victoria Ganim, offered by Ken & Rania Salhany & Family
Salhany & Baalbaki & Ganim Families, offered by Ken & Rania Salhany & Family

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ONLINE BULLETIN

The Bulletin is available online on our website at:
http://stmarypawtucket.org

Volunteer needed for Coffee Hour Sponsorships

We are still in need of a volunteer to coordinate the Coffee Hour. Please consider taking charge of this important endeavor. Please see Fr. Elie if you are interested. Thank you!!

**The August 10th date is still available for Coffee Hour sponsorship. Please contact Fr. Elie if you are interested in sponsoring the Coffee Hour.**