

CHURCH CALENDAR

Sunday, March 1st: First Sunday of Great Lent: Sunday of Orthodoxy
PLC Committee Meeting after Liturgy
5:00 P.M.-St. Mary hosting: Vespers & refreshments following at
Parish Center

Monday, March 2nd: 7:00 P.M.– Ladies Meeting

Tuesday, March 3rd: 7:00 P.M.– Service of the Great Compline

Wednesday, March 4th: 7:00 P.M.– Liturgy of the Pre-sanctified Gifts

Friday, March 6th: 7:00 P.M.- 2nd Akathyst Hymn (Al-Madeeh)

Saturday, March 7th: 5:00 PM- Arabic Liturgy

Sunday, March 8th: Second Sunday of Lent and the Commemoration of St. Gregory
Palamas, Bishop of Thessalonica

Monday, March 9th: 7:00 P.M.– Parish Council Meeting (*please note date change)

Tuesday, March 10th: 7:00 P.M.– Service of the Great Compline

Wednesday, March 11th: 7:00 P.M.– Liturgy of the Pre-Sanctified Gifts

Friday, March 13th: 7:00 P.M.– 3rd Akathyst Hymn (Al-Madeeh)

Sunday, March 15th: Third Sunday of Lent: Veneration of the Holy Cross

Tuesday, March 17th: 7:00 P.M.– Service of the Great Compline

Wednesday, March 18th: 7:00 P.M.– Liturgy of the Pre-Sanctified Gifts

Friday, March 20th: 7:00 P.M.– 4th Akathyst Hymn (Al-Madeeh)

Sunday, March 22nd: Fourth Sunday of Lent: The Commemoration of our Righteous
Father John of the Ladder

Tuesday, March 24th: 7:00 P.M.– Vespers & Liturgy: Feast of the Annunciation

Wednesday, March 25th: 7:00 P.M.– Liturgy of the Pre-Sanctified Gifts

Friday, March 27th: 7:00 P.M.– 5th Akathyst Hymn (Al-Madeeh)

Sunday, March 29th: Fifth Sunday of Lent: The Commemoration of our Righteous Mother
Mary of Egypt

Tuesday, March 31st: 7:00 P.M.– Service of the Great Compline at St. Mary Church

Wednesday, April 1st: 7:00 P.M.– Liturgy of the Pre-Sanctified Gifts

Saturday, April 11th: 11:00P.M.– Rush Service

Sunday, April 12th: Great and Holy Pascha
12:00A.M.– Divine Liturgy followed by Agape Breakfast
3:00 P.M.– Agape Vespers

SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



Sunday, March 1, 2015

**First Sunday of Great Lent:
Sunday of Orthodoxy**

Saint Mary Antiochian Orthodox Church

249 High Street, Pawtucket, RI 02860
Phone (401) 726-1202 Fax: (401) 729-1203
Web site: <http://stmarypawtucket.org>
Email: office@stmarypawtucket.org

**His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England**

V. Rev. Father Elie Estephan
395 Brown St.-Unit 2, Attleboro, MA 02703
Cell- 1-(240) 205-9079

Schedule of Services

<i>Sunday: Orthros (Matins)</i>	<i>8:45 a.m.</i>
<i>Church School</i>	<i>11:15 a.m.</i>
<i>Sunday: Divine Liturgy</i>	<i>10:00 a.m.</i>

*Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve*

A Note Regarding Holy Communion:

Since we understand Communion to mean that we have all things in common, sharing an identical faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting, and recent confession may participate in Holy Communion. We invite all, however, to partake of the blessed bread which is distributed at the dismissal. Confessions are heard by special appointment. The Eucharistic fast begins at midnight on Saturday and ends with the receiving of Holy Communion. Please see Fr. Elie if you have any questions or for inquiries on how to become a full member of the Church.

Parish Council 2015:

President: Joe Samra III (*Fellowship*)

Vice-President: Salwa Khoury (*Ladies Society*)

Secretary: Cindy Hayes

Treasurer: Fadia Kabak



Council Members: Charles Abosamra, Emad Amirhom, Edward Ayoub, Scott Barnes, Cory Dupont, Janice Hallal (*Choir*), Lorice Hallal, Steven Kilsey Jr., Holly Lazieh, Jamie Mitri, Walid Nakhoul, Elmer Stanley (*Church School*)

****Please feel free to contact Joe Samra III (401) 334-0310 / joesamra@gmail.com or any member of the Parish Council with any questions or concerns****

Orthodox Vocabulary

Prostration

A bodily posture of reverence and homage to God made by kneeling on both knees while touching the hands and forehead to the ground. The sign of the Cross is often made preceding or following each prostration. In prostrating, the believer demonstrates humility to God and at the same time trains the body in physical enactment and discipline of that foundational Spiritual posture.

The mathematics of God is completely different from the mathematics of humans. For us two and two equal four. For God two and two can make five or fifteen or anything else.

~Elder Epiphanius of Athens



ONLINE BULLETIN

The Bulletin is available online on our website at:
<http://stmarypawtucket.org>

Arabic Educational Foundation Scholarship

The Arabic Educational Foundation is now taking applications for the 2015 school year. Applicants of Arabic descent that are enrolled full-time as an undergraduate student are eligible to apply. Applications and Scholarship Eligibility Requirements may be picked up at the Church Office or see Fr. Elie for an application.

Coffee Hour Sponsorships

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$ 75.00 to the church so that a Parish Council member will handle the coffee hour on your behalf.

If you would like to sponsor a coffee hour, please call the church office and speak with Sheryl.

Please make check to St. Mary Church for coffee sponsorship and earmark “Coffee Hour”.

<u>Date:</u>	<u>Sponsored by:</u>	<u>Sponsored for:</u>
March 1st	Massiwer Family	John Massiwer (15years)
	The Kilsey Family	George Kilsey (30 years)
March 8th	Open for sponsorship	
March 15th	Antiochian Women	Metropolitan PHILIP (1 year)
March 22nd*	William Salhany & Family	Ruth Salhany (5 years)
March 29th*	Fadi & Hadeel Samaan	Health of Family
April 5th	No Coffee Hour	Palm Sunday
April 12th	No Coffee Hour	Pascha
April 19th	Nora Abelahad & Family	Charles Abdelahad (1 year)
April 26th	Fred Hallal & Family	Sophie Hallal (5 years)
May 3rd	Open for sponsorship	
May 10th	Mother’s Day	
May 17th	Open for sponsorship	
May 24th	Open for sponsorship	
May 31st	Open for sponsorship	
June 7th	The Samra Family	Joseph Samra Sr. (50 years)
June 14th	Open for sponsorship	
June 21st	Father’s Day	
June 28th	Open for sponsorship	
July 5th	Open for sponsorship	
July 12th	Open for sponsorship	
July 19th	Elias Morcos (son)	Dr. Zeyad & Norma Morcos
July 26th	Open for sponsorship	
August 2nd	Open for sponsorship	
August 9th	Open for sponsorship	

Sunday, March 1, 2015

First Sunday of Great Lent:
Sunday of Orthodoxy

Tone: 5 Eothinon: 5

Troparion of the Resurrection: Tone 5

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

Troparion of First Sunday of Great Lent: Tone 2

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

Troparion of the Dormition: Tone 1

“In giving birth, Thou didst keep Thy virginity and in Thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercessions from death Thou dost redeem our souls.”

Kontakion for the Annunciation (And Great Lent): Tone 8

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.



The Epistle

Hebrews 11:24-26, 32-40

Prokeimenon: Blessed are you, O Lord, God of our Fathers.
Verse: For you are righteous in all things you have done for us.
The reading is from Saint Paul's Letter to the Hebrews.

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time will fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets - who through faith conquered kingdoms, and enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated (of whom the world is not worthy) wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

The Gospel

John 1:43-51

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Beth-saida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

Church News & Organization Activities

St. Mary Liturgical Choir

The St. Mary Liturgical Choir welcomes new members to join its Ministry of Sacred Music. Anyone interested in joining the choir (whatever their level of musical experience) are asked to contact the choir director Dawn Boukari @ (401) 465-8909 or email her: daboukari@gmail.com

2015 Church Calendars

We have beautiful Church Calendars now available for sale for the 2015 year. Please participate in this worthwhile fundraiser for our Church, give as a gift- or for your own use. The calendars are \$10. If you wish to purchase a calendar, please see Fr. Elie.

Antiochian Village Summer Camp

Camp Registration is open! Come make friendships that will last a lifetime and make memories you will never forget!! Most New England campers attend the 2nd session, which is [from June 28th to July 10th](#). Our campers will travel with a contingent from Boston and Worcester with at least [one chaperone from St. Mary](#). The local chapter of the Order of St. Ignatius helps defray transportation costs. Camp Scholarships are available, please see Father Elie if you would like to apply. Visit www.avcamp.org to register today! Volunteers that are interested may also apply through the website. Last year most spots were filled before the end of February so don't delay. Following is a list of all the camp sessions for 2015:



Session 1 (2 weeks) - [June 14 - 26](#)

Session 1 (1 week) - [June 14 - 21](#)

Session 2 (2 weeks) - [June 28 - July 10](#)

Session 3 (2 weeks) - [July 12 - 24](#)

Session 4 (2 weeks) - [July 26 - Aug 7](#)

Great Lent and Holy Pascha 2015
Easter Flowers (Holy Friday and Pascha)

Please make a donation to help decorate the Church for Holy Week and Easter.

For Good Health and Blessing of:

In Loving Memory of:

Your name:

Donation:

To all those who would like to contribute for the Easter Flowers; checks should be made out to St. Mary Orthodox Church and earmarked "Easter Flowers".

All donations should be received by April 5th.



Memorial Services



- ◆ A Memorial Service is being offered by The Massiwer Family for the repose of the soul of the Servant of God *John Massiwer* (15 years).
- ◆ A Memorial Service is being offered by The Kilsey Family for the repose of the soul of the Servant of God *George Kilsey* (30 years).

May God grant them peace and may their memories be eternal!

**PRAYERS ARE BEING OFFERED FOR
GOOD HEALTH AND BLESSING OF:**

April Gentes Robert
Elaine Agaty
Massiwer Family
Offered by: George & Sandra Matook & Family

Elaine Agaty
Offered by: Nora Abdelahad

Jacob Khoury
Offered by: Mr. & Mrs. Faraj Freij

Mary Massiwer & Family
Fred Hallal
Lily Massiwer
Diana Hashway
Offered by: Holly Lazieh & Sons & Bob Dessaint

Mary Massiwer & Family
Offered by: Lily Massiwer
Paul, Maureen & Mary Gurghigian
Elaine Gauthier
Bill & MaryLou Catelli
Barbara Samra

Maria Matook
Offered by: Nora Matook

Elaine Wilbur
Elaine Agaty
Offered by: Lorice Hallal

Elaine Wilbur
Elaine Agaty
Offered by: Barbara Samra

Elaine Wilbur
Offered by: Sandra Conca

Massiwer Family
Kilsey Family
Salhany Family
Elaine Agaty
Offered by: Nabil & Salwa Khoury

Elaine Agaty
Elaine Wilbur
Mary Massiwer & Family
The Kilsey Family
Offered by: Elaine Swistak

Elaine Wilbur
Massiwer Family
Offered by: Elaine Agaty
Nora Abdelahad

My Children & Grandchildren
The Tahmoush Family
The Laffey Family
The Josephs Family
Linda Matook & Family
Jamie, Chris & Leah Panagopolis
Tim, Catherine & John Matook
Elaine Wilbur
Offered by: Mary Massiwer



**PRAYERS ARE BEING OFFERED FOR
GOOD HEALTH AND BLESSING OF:**

Donald, Daniel & Sarah Hayes
Offered by: Cindy Hayes

Mary Massiwer
Maureen, Paul & Mary Gurghigian
Mary, Bill, Bill Jr & Jon Franklin
Diane Andrew & Paul Bernier
Laura, Jim & Noelle Arriighi
John & Patricia Massiwer & Danielle Jordan
Linda Matook & Family
Tim, Catherine & John Matook
Jamie, Chris & John Matook
Tahmoush, Josephs & Laffey Families
Elaine Agaty
Offered by: Cindy Hayes & Family

Andrew Wylie
John Haddad
Lillian Haddad
Offered by: George A. Arees



**PRAYERS ARE BEING OFFERED
IN LOVING MEMORY OF:**

George Kilsey (30 years)
Offered by: Amen Kilsey & Family
Fred Kilsey & Family
Joyce Kilsey
Steve & Patty Kilsey
Jeff Kilsey & Family
The Kilsey Family
The Maurice Family

Charles Agaty
John Massiwer
Fred Hashway
Offered by: Elaine Agaty
Nora Abdelahad

Ida (Salhany) Lavin
Offered by: Ron & Janice Hallal

**PRAYERS ARE BEING OFFERED
IN LOVING MEMORY OF:**

Charles Agaty
Nicholas Matook, Sr.
John Matook
Alma Matook
Fred Hashway
John Massiwer
Offered by: George & Sandra Matook

John Massiwer
Sophie Hallal
David Massiwer
Moses Lazieh
Offered by: Holly Lazieh & Sons & Bob Dessaint

John Massiwer
Sarah, George, Abraham & Emile Massiwer
Sophie Hallal
Offered by: Lily Massiwer

John Massiwer
Leon Matook
Offered by: Nora Matook & Family

John Massiwer
Donald Hayes
Thomas Andrew
John Matook
Nicholas Matook
Abe Tamoush
Offered by: Paul, Maureen & Mary Gurghigian

Ida Lavin
Assad Ayoub
Naseem Ayoub
Mary Ayoub
Bob Corrado
Eddie Corrado
Charles Agaty
Offered by: Ed & Sue Ayoub

John Massiwer
George Kilsey
Ida Lavin
Charles Agaty
Offered by Joe & Marlene Samra

St. Mary Antiochian Orthodox Church, Pawtucket

Schedule of Services: Great Lent 2015

Great Lent begins on Monday, February 23rd



The Service of Great Compline for the N.E. Region, with Bishop
JOHN

presiding, will be held on Monday evenings (*see schedule below*).

~ March 2nd:	7:00pm- St. Michael Church, Cotuit, MA
~ March 9th:	7:00pm- St. John of Damascus Church, Dedham, MA
~ March 16th:	7:00pm- St. George Church, Lowell, MA
~ March 23rd:	7:00pm- St. George Church, West Roxbury, MA
~ March 30th:	6:30pm- St. George Cathedral, Worcester, MA

St. Mary's Great Lent Prayer Schedule

The Service of Great Compline at St. Mary Church will be held on Tuesday evenings at 7:00 pm.

The Liturgy of the Pre-sanctified Gifts will be held on Wednesday evenings at 7:00 pm. Those wishing to partake of Holy Communion ought to be fasting from 12:00 noon on.

The service of the Akathyst Hymn or Madeeh (The Salutations to the Virgin Mary) will be held on the first five Friday evenings of Great Lent at 7:00 pm.

Sunday, March 1st: Special Vespers for Orthodoxy Sunday- 5:00pm at St. Mary Church, Pawtucket, RI

"May the Living God, the Fountain of Wisdom, enlighten our minds, strengthen our bodies, and nourish our souls in the blessing of this holy season, the Lenten Spring."

GREAT LENT 2015

February 23rd ~ April 12th (Holy Pascha)



What is Lent?

Prayer † Fasting † Acts of Mercy



Sacrament of Confessions

Great Lent is the season to “Open the Gates of Repentance”. The faithful are encouraged to enter into the sacrament of confession during the Forty-Day Fast. Confessions can be made before or after Divine Services, or by special appointment with the Priest.

Liturgical Supplies and Offerings for Lent

During Great Lent the Church offers an intensified schedule of Divine Services and Prayers. Donations are being sought from the faithful for the many extra Liturgical Supplies needed for the Holy Season. These offerings include candles, wine, oil, incense, bread, service books, music and printed materials. Please earmark your donations and offerings “Liturgical Supplies.” Along with these offerings, bring also yourselves to pray the beautiful Lenten Services.

Food For Hungry People Collection (F.F.H.P.)

“When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He Himself who is fed. For through that which appears to be not Christ, yet in that person’s form, it is Christ Himself who receives and begs.”

~St. John Chrysostom

During the Holy Season of Lent, we collect alms to feed the hungry, as an act of Christian Mercy. Food for Hungry People collection boxes are available in the Vestibule & Church Hall. Take one home, fill it with coins during Lent and return it at Holy Pasha (Easter). Donations will also be accepted. To: St. Mary Orthodox Church earmarked “F F.H.P.”

May we be generous to reach out to those who hunger and who are in need.
This “reaching out” and caring will help us to witness the resurrection.

PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:

Charles Agaty
Offered by: St. Mary Choir
Elaine Gauthier

Charles Agaty
John Massiwer
George Kilsey
Offered by: Elaine Swistak

Don Hayes
John Massiwer
Tom Andrew
Charles Agaty
Abe Tahmoush
Offered by: Cindy Hayes & Children

John Massiwer, Sr.
Tom Hayes
Don Hayes
Abraham Tahmoush
John N. Matook
Nicholas Matook
Charles Agaty
Offered by: Mary Massiwer



PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:

Fred Hashway
Ida Lavin
Charlie Agaty
Offered by: Lorice Hallal

Fred Hashway
Offered by: Mark and Sheila Hallal & Family

Fred Hashway
Charles Agaty
Anthony Lisi
Offered by: Barbara Samra

Fred Hashway
Ida Lavin
Charles Agaty
Offered by: Elaine Wilbur

Ida Lavin
John Massiwer
George Kilsey
Charles Agaty
Offered by: Nabil & Salwa Khoury

John Massiwer
Offered by: Elaine Gauthier
Bill & MaryLou Catelli

March is Antiochian Women’s Month

During the month of March, in all the Churches of our Archdiocese, we highlight and remember the Ministry of Women in our Church. Being founded on the model of Mary the Mother of God herself and the Service of the Myrrh-bearer ministry is foundational for without it the Church would not exist.

During March, the Women will be reading the Epistle, taking the collection, and ushering as they do all year long. This year the Antiochian Women will also be sponsoring activities to raise funds for their NAB Project.

May God bless all of the Women of the Holy Church and bless their ministry.

Readers

Sunday, March 1st: Cindy Hayes
Sunday, March 8th: Mirna Nakhoul
Arabic– Salwa Khoury

Ushers

Mary Massiwer & Sue Ayoub
Sue Ayoub & Charlotte Mitri

His Eminence
The Most Reverend
Metropolitan JOSEPH



Archbishop of New York and
Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

TO BE READ FROM THE PULPIT AND PRINTED IN THE BULLETIN
Great Fast, 2015

Beloved in the Lord:

Greetings and blessings to you as we enter this most holy season of prayer, fasting and almsgiving.

During this time of the Great Fast, we once again turn our attention to the Food for Hungry People Program of the Fellowship of St. John the Divine. For more than 40 years, this campaign has had a tremendous impact throughout the world to help alleviate hunger and the numberless tragedies caused by poverty. With the many tragic events in our own country and throughout the world that happen each day, we continue to have a great need for almsgiving every day. As such, this special program of our Archdiocese helps with both large catastrophes or when smaller needs arise in any given year.

St. John Chrysostom, perhaps the greatest preacher in the history of the Church, once said: "Although fasting is more difficult than this, nothing is so strong and powerful to extinguish the fire of our sins as almsgiving. It is greater than all other virtues. It places its lovers by the side of the King Himself, and justly. For the effect of fasting is confined to those who fast, and no other is saved thereby. But almsgiving extends to all, embracing the members of Christ, and actions that extend their effects to many are far greater than those which are confined to one." Through your generosity to the Food for Hungry People campaign, you embrace the world with the love of Christ, saving yourself as you literally save others.

We urge you, during this season of prayer, self-discipline and fasting, to be very generous in your contribution to this campaign. As we practice the virtues which cleanse our souls, let us not forget or refrain from the "greatest of the virtues." As important as prayer and fasting are, they are of no avail to us if we fail to give to those in need.

Praying that the Holy Spirit will strengthen us as we embark on our journey to Pascha we remain,

Your Father in Christ,

+Metropolitan JOSEPH
Archbishop of New York and Metropolitan of all North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)

358 Mountain Road, P.O. Box 5238, Englewood, NJ 07631-5238
(201) 871-1355 T Archdiocese@antiochian.org (201) 871-7954 F

Extra Collection

Today on the Sunday of Orthodoxy, as is the custom in our Archdiocese, an extra collection will be taken in support for Theological education and our Seminarians. Please be generous so that the Church can afford to train, equip and support the formation and education of our future pastors and educators.



Memorial Luncheon

Today, a Memorial Luncheon is offered in memory of John Massiwer (15 years) by The Massiwer Family and also being offered in memory of George Kilsey (30 years) by The Kilsey Family.

Luncheon will be held at the Parish Center following Liturgy.



Diocese of N.E. upcoming events

- ♦ **Sunday, March 1st at 5:00 P.M.**– St. Mary Church, Pawtucket: Hosting Sunday of Orthodoxy -Vespers and refreshments following Liturgy at the Parish Center
- ♦ **April 22nd at 10:30 A.M.**– St. Mary Church, Pawtucket: Hosting RI Clergy Meeting/Luncheon