#### CHURCH CALENDAR

Sunday, March 22nd: Fourth Sunday of Lent: The Commemoration of our Righteous

Father John of the Ladder

One Year Memorial Service for Metropolitan PHILIP

5 Year Memorial Service for Ruth Salhany & Coffee Hour @ P.C.

Tuesday, March 24th: 7:00 P.M.- Vespers & Liturgy: Feast of the Annunciation

Wednesday, March 25th: 6:00 P.M.- Liturgy of the Pre-Sanctified Gifts

Friday, March 27th: 7:00 P.M.– 5th Akathyst Hymn (Al-Madeeh)

Sunday, March 29th: Fifth Sunday of Lent: The Commemoration of our Righteous Mother

Mary of Egypt

40 Day Memorial Service for Charles Agaty

One Year Memorial Service for Charles Abdelahad

Memorial Luncheon at the Parish Center offered by Elaine Agaty &

Nora Abdelahad & Family

**Tuesday. March 31st:** 7:00 P.M.– Service of the Great Compline at St. Mary Church

Wednesday, April 1st: 7:00 P.M.– Liturgy of the Pre-Sanctified Gifts

Holy Week

Saturday, April 4th: Lazarus Saturday–9:00A.M Liturgy

Sunday, April 5th: Palm Sunday

7:00 P.M.– Bridegroom Service

**April 6th: Great and Holy Monday**: 7:00 P.M.Bridegroom Service

April 7th: Great and Holy Tuesday: 7:00 P.M.Bridegroom Service with Bishop JOHN

April 8th: Great and Holy Wednesday: 7:00 P.M.- Sacrament of Holy Unction

April 9th: Great and Holy Thursday: 10:00 A.M.- Divine Liturgy

7:00 P.M.– Service of the Twelve Passion Gospels

April 10th: Great and Holy Friday: 10:00 A.M.- Royal Hours

11:00 A.M.– Great Vespers of the Taking down of the Cross

7:00 P.M. – Service of the Lamentations and Procession

April 11th: Great and Holy Saturday: 11:00 P.M.- Rush Service

Sunday, April 12th: Great and Holy Pascha

12:00A.M.- Divine Liturgy followed by Agape Breakfast

3:00 P.M.- Agape Vespers

### SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



Sunday, March 22, 2015

Fourth Sunday of Lent: The Commemoration of our Righteous Father John of the Ladder

## Saint Mary Antiochian Orthodox Church

249 High Street, Pawtucket, RI 02860 Phone (401) 726-1202 Fax: (401) 729-1203 Web site: http://stmarypawtucket.org Email: office@stmarypawtucket.org

## His Grace Bishop JOHN, Auxiliary and Bishop of the Diocese of Worcester and New England

V. Rev. Father Elie Estephan 395 Brown St.-Unit 2, Attleboro, MA 02703 Cell- 1-(240) 205-9079

#### **Schedule of Services**

Sunday: Orthros (Matins) 8:45 a.m. Church School 11:15 a.m. Sunday: Divine Liturgy 10:00 a.m.

> Enter in Quietness, Rest in Prayer, Worship in Reverence, Depart in Peace to Serve

#### A Note Regarding Holy Communion:

Since we understand Communion to mean that we have all things in common, sharing an identical faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting, and recent confession may participate in Holy Communion. We invite all, however, to partake of the blessed bread which is distributed at the dismissal. Confessions are heard by special appointment. The Eucharistic fast begins at midnight on Saturday and ends with the receiving of Holy Communion. Please see Fr. Elie if you have any questions or for inquiries on how to become a full member of the Church.

#### Parish Council 2015:

President: Joe Samra III (Fellowship)

Vice-President: Salwa Khoury (Ladies Society)

**Secretary**: Cindy Hayes **Treasurer**: Fadia Kabak



**Council Members**: Charles Abosamra, Emad Amirhom, Edward Ayoub, Scott Barnes, Cory Dupont, Janice Hallal (*Choir*), Lorice Hallal, Steven Kilsey Jr., Holly Lazieh, Jamie Mitri, Walid Nakhoul, Elmer Stanley (*Church School*)

## Orthodox Vocabulary

#### Resurrection

RESURRECTION: The reunion of the soul and body after death which will revitalize and transform the physical body into a spiritual body. Jesus Himself is the firstfruits of perfect resurrection; He will never again be subject to death. Because He conquered death by His Resurrection, all will rise again: the righteous to life with Christ, the wicked to judgment. *See* John 5:28, 29; 1 Cor. 15:35-55.

God has surrounded the tongue with a double wall—with the barrier of the teeth and fence of the lips—in order that it may not easily and heedlessly utter words it should not speak.

~St. John Chrysostom



#### **ONLINE BULLETIN**

The Bulletin is available online on our website at: <a href="http://stmarypawtucket.org">http://stmarypawtucket.org</a>

#### **Arabic Educational Foundation Scholarship**

The Arabic Educational Foundation is now taking applications for the 2015 school year. Applicants of Arabic descent that are enrolled full-time as an undergraduate student are eligible to apply. Applications and Scholarship Eligibility Requirements may be picked up at the Church Office or see Fr. Elie for an application.

<sup>\*\*</sup>Please feel free to contact Joe Samra III (401) 334-0310 / joesamra@gmail.com or any member of the Parish Council with any questions or concerns\*\*

#### **Coffee Hour Sponsorships**

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$ 75.00 to the church so that a Parish Council member will handle the coffee hour on your behalf.

If you would like to sponsor a coffee hour, please call the church office and speak with Sheryl.

Please make check to St. Mary Church for coffee sponsorship and earmark "Coffee Hour".

<u>Date</u> :	<b>Sponsored by:</b>	<b>Sponsored for:</b>
March 22nd*	William Salhany & Family	Ruth Salhany (5 years)
March 29th	Nora Abdelahad & Family	Charles Abdelahad (1 year)
	Elaine Agaty	Charles Agaty (40 day)
April 5th	No Coffee Hour	Palm Sunday
April 12th	No Coffee Hour	Pascha
April 19th*	Fadi & Hadeel Samaan	<b>Health of Family</b>
April 26th	Fred Hallal & Family	Sophie Hallal (5 years)
May 3rd	NAB Project Luncheon	<b>Ladies Society</b>
May 10th	Dr. Zeyad & Norma Morcos	Marie Haddad (80th Birthday)
May 17th	Open for sponsorship	
May 24th	Open for sponsorship	
May 31st	Open for sponsorship	
June 7th	The Samra Family	Joseph Samra Sr. (50 years)
June 14th	Open for sponsorship	
June 21st	Parish Life Conference	
June 28th	Open for sponsorship	
July 5th	Open for sponsorship	
July 12th	Open for sponsorship	
July 19th	Dr. Zeyad & Norma Morcos	Elias Morcos (son)
July 26th	Open for sponsorship	,
August 2nd	Open for sponsorship	
August 9th	Open for sponsorship	
August 16th	Open for sponsorship	
August 23rd	Open for sponsorship	

#### Sunday, March 22, 2015

# Sunday of Lent: The Commemoration of our Righteous Father John of the Ladder

Tone: 8 Eothinon: 8

#### **Resurrectional Troparion: Tone 8**

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

#### **Troparion of St. John Climacus: Tone 8**

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.

#### **Troparion of the Dormition: Tone 1**

"In giving birth, Thou didst keep Thy virginity and in Thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercessions from death Thou dost redeem our souls."

#### Kontakion for the Annunciation (And Great Lent): Tone 8

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

## Epistle Hebrews 6:13-20

Prokeimenon: The Lord will give strength to his people.

Verse: Bring to the Lord, O sons of God, bring to the Lord honor and glory.

The reading is from Saint Paul's Letter to the Hebrews.

Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by greater than themselves, and in all their disputes an oath is for final confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two changeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

## The Gospel Mark 9:17-30

At that time, a man came to Jesus, kneeling down and saying unto Him, "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And Jesus answered him, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went out from there and passed through Galilee. And Jesus would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and after he is killed, he will rise on the third day."

### **Church News & Organization Activities**

#### St. Mary Liturgical Choir

The St. Mary Liturgical Choir welcomes new members to join its Ministry of Sacred Music. Anyone interested in joining the choir (whatever their level of musical experience) are asked to contact the choir director Dawn Boukari @ (401) 465-8909 or email her: daboukari@gmail.com

#### 2015 Church Calendars

We have beautiful Church Calendars now available for sale for the 2015 year. Please participate in this worthwhile fundraiser for our Church, give as a gift—or for your own use. The calendars are \$10. If you wish to purchase a calendar, please see Fr. Elie.

#### Antiochian Village Summer Camp

Camp Registration is open! Come make friendships that will last a lifetime and make memories you will never forget!! Most New England campers attend the 2nd session, which is from June 28th to July 10th. Our campers will travel with a contingent from Boston and Worcester with at least one chaperone from St. Mary. The local chapter of the Order of St. Ignahelps defray transportation tius costs. Camp Scholarships are available, please see Father Elie if you would like to apply. Visit www.avcamp.org to register today! Volunteers that are interested may also apply through the website. Last year most spots were filled before the end of February so don't delay. Following is a list of all the camp sessions for 2015:



Session 1 (2 weeks) - June 14 - 26

Session 1 (1 week) - <u>June 14 - 21</u>

Session 2 (2 weeks) - <u>June 28 - July 10</u>

Session 3 (2 weeks) - <u>July 12 - 24</u>

Session 4 (2 weeks) - July 26 -Aug 7

#### Great Lent and Holy Pascha 2015 Easter Flowers (Holy Friday and Pascha)

Please make a donation to help decorate the Church for Holy Week and Easter.

For Good Health and Blessing of:	
n Loving Memory of:	
our name:	
Oonation:	
To all those who would like to contribute for the Easter Flowers; checks should	
be made out to St. Mary Orthodox Church and earmarked "Easter Flowers".	
Ill donations should be received by April 5th.	





#### **Memorial Services**



Today, a One Year Memorial Service is offered for the repose of the soul of the Servant of God Metropolitan PHILIP (1 Year).

May God grant him peace and repose and may his memory be eternal.

Today, a Five Year Memorial Service is offered for the repose of the soul of the Servant of God Ruth Salhany and is offered by her loving Family.

May God grant her peace and repose and may her memory be eternal

#### PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

April Gentes Robert Offered by: George & Sandra Matook & Family

Jacob Khoury Fred & Adele Shwaery Offered by: Nabil & Salwa Khoury

Jacob Khoury Offered by: Mr. & Mrs. Faraj Freij

Cindy, George & Michael Antypas Offered by: Fred & Liesse Slemon

Nora Matook & Family Mary Massiwer & Family William & Louise Osborn & Family The Families of Toofik & Elizabeth Matook Offered by: Julia Vale

Adelle & Fred Shwaery Elaine Agaty Elaine Swistak John & Lorna Hallal Al & Vicki Halall

Elaine Wilbur Offered by: Ron & Janice Hallal

William Salhany Fred Shwaery Offered by: Albert & Victoria Hallal

William Salhany Offered by: John & Mary Cahaly

Fred, Adele & Robert Shwaery Scott & Nora Barnes & Family Offered by: Elaine Swistak

Fred Shwaerv Offered by: Scott & Nora Barnes



## PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:

Charles Agaty

Offered by: Julia Al-Amir Iman Al-Amir

Radwan Al-Amir & Family

Charles Slemon

Offered by: Fred & Liesse Slemon

Ruth Salhany

Offered by: John Salhany

Ruth Salhany (loving sister & aunt) Offered by: Albert & Victoria Hallal

Karen & Linus Vachon James & Paula Hallal David & Terry Hallal

Ruth Salhany (beloved sister) Offered by: John & Mary Cahaly

Ruth Salhany (beloved aunt)
Offered by: Ralph & Susan Cahaly

John & Eloise Cahaly Jeff & Laura Ristaino Michael & Sharon Burdulis

Leon Matook Toofik & Elizabeth Matook Robert Vale Offered by: Julia Vale Ruth Salhany (dear sister in law) Offered by: Lorice Zahka

Ruth Salhany (5 years)

Ida Lavin Fred Salhany Robert Salhany

Offered by: Virginia Salhany

Ruth Salhany Leo Matook Charles Agaty

Offered by: Ron & Janice Hallal

Leon Matook George Matook

Offered by: George & Sandra Matook

Ida Salhany Charles Agaty Offered by: Louis Slemon Charles & Francine Robat & Girls



#### **Parish Directory Updates**

We are updating our church directory. Please take a few moments to check that your information is correct before it goes to print. The info can be found at the back of the church or by speaking to Samy Morcos. Please make necessary changes, or if everything is up to date, please place a check mark by your name so that we know it is correct. Thank you!

## St. Mary Antiochian Orthodox Church, Pawtucket Schedule of Services: Great Lent 2015

Great Lent begins on Monday, February 23rd

The Service of Great Compline for the N.E. Region, with Bishop JOHN presiding, will be held on Monday evenings (see schedule below).

~March 16th: 7:00pm~St. George Church, Lowell, MA

~March 23rd: 7:00pm-St. George Church, West Roxbury, MA ~March 30th: 6:30pm-St. George Cathedral, Worcester, MA

### St. Mary's Great Lent Prayer Schedule

The Service of Great Compline at St. Mary Church will be held on Tuesday evenings at 7:00 pm.

The Liturgy of the Pre-sanctified Gifts will be held on Wednesday evenings at 7:00 pm. Those wishing to partake of Holy Communion ought to be fasting from 12:00 noon on.

The service of the Akathyst Hymn or Madeeh (The Salutations to the Virgin Mary) will be held on the first five Friday evenings of Great Lent at 7:00 pm.

Sunday, March 1st: Special Vespers for Orthodoxy Sunday-5:00pm at St. Mary Church, Pawtucket, RI

"May the Living God, the Fountain of Wisdom, enlighten our minds, strengthen our bodies, and nourish our souls in the blessing of this holy season, the Lenten Spring."



## GREAT LENT 2015

## February 23rd ~ April 12th (Holy Pascha)



#### What is Lent?

Prayer ⊕ Fasting ⊕ Acts of Mercy



#### Sacrament of Confessions

Great Lent is the season to "Open the Gates of Repentance". The faithful are encouraged to enter into the sacrament of confession during the Forty-Day Fast. Confessions can be made before or after Diving Services, or by special appointment with the Priest.

#### **Liturgical Supplies and Offerings for Lent**

During Great Lent the Church offers an intensified schedule of Divine Services and Prayers. Donations are being sought from the faithful for the many extra Liturgical Supplies needed for the Holy Season. These offerings include candles, wine, oil, incense, bread, service books, music and printed materials. Please earmark your donations and offerings "Liturgical Supplies." Along with these offerings, bring also yourselves to pray the beautiful Lenten Services.

#### Food For Hungry People Collection (F.F.H.P.)

"When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He Himself who is fed. For through that which appears to be not Christ, yet in that person's form, it is Christ Himself who receives and begs."

~St. John Chrysostom

During the Holy Season of Lent, we collect alms to feed the hungry, as an act of Christian Mercy. Food for Hungry People collection boxes are available in the Vestibule & Church Hall. Take one home, fill it with coins during Lent and return it at Holy Pasha (Easter). Donations will also be accepted. To: St. Mary Orthodox Church earmarked "F F.H.P."

> May we be generous to reach out to those who hunger and who are in need. This "reaching out" and caring will help us to witness the resurrection.

#### **Coffee Hour**

Today, Coffee Hour is offered in memory of Ruth Salhany and is offered by her loving Family. Coffee hour will be held at the Parish Center following Liturgy.





#### St. Mary Parish Bookstore

Many beautiful Orthodox religious items are available from the St. Mary Parish bookstore and display case. These include a new collection of Icons, Christmas and greeting cards, Liturgical music CD's, prayer books, coloring books, Crosses and Orthodox Bibles. These make wonderful gifts and reflect the *Tradition of our Orthodox Faith*. All proceeds benefit the general fund of the Church. Please see Fr. Elie if you wish to purchase these gifts.

#### **Bulletin Submissions**

Please help us provide a quality weekly bulletin by submitting all prayer requests and announcements to the church office by Noon on Wednesdays. Any requests received after this time will be in the following week's bulletin. Thank you for your cooperation.

# Diocese of N.E. upcoming events

- April 22nd at 10:30 A.M.- St. Mary Church, Pawtucket: Hosting RI Clergy Meeting/Luncheon
- June 18th-21st- St. Mary Church, Pawtucket: Hosting 2015 Parish Life Conference
- July 20th-26th- St. Mary Church, Cambridge, MA: Hosting 52nd Archdiocesan Convention, Boston, MA

#### March is Antiochian Women's Month

During the month of March, in all the Churches of our Archdiocese, we highlight and remember the Ministry of Women in our Church. Being founded on the model of Mary the Mother of God herself and the Service of the Myrrh-bearer ministry is foundational for without it the Church would not exist.

During March, the Women will be reading the Epistle, taking the collection, and ushering as they do all year long. This year the Antiochian Women will also be sponsoring activities to raise funds for their NAB Project.

## May God bless all of the Women of the Holy Church and bless their ministry. Readers Ushers

Keuters	<u>Oshers</u>
Sunday, March 1st: Cindy Hayes	Mary Massiwer & Sue Ayoub
Sunday, March 8th: Mirna Nakhoul	Sue Ayoub & Charlotte Mitri
Arabic– Salwa Khoury	

Sunday, March 15th: Florence Spenard Lorice Hallal & Julia Vale

Arabic- Samar Baalbaki

Sunday, March 22nd: Maureen Gurghigian Mary Jane Wehbe & Christine Briggs

Arabic- Hadeel Samaan

Sunday, March 29th: Holly Lazieh Nancy Sterpis & Cheryl Nassaney

*Arabic*– Helen Morcos



#### \*\*SAVE THE DATE\*\*

\*\*note date change \*\*

The Antiochian Women are hosting a luncheon following Liturgy on May 3rd to benefit their NAB Project.

More information to follow.

Come to our kind of town...come to Providence.

Come to the 77th Annual Parish Cite Confeserce.

Come to the Grace Bishop 90 HTY, Presiding



# Go to www.stmarypawtucket.org for registration & more information!

Join us for family fun, heart-warming fellowship and wonderful opportunities for spiritual growth in the "Creative Capital"!

#### Highlights include:

Bible bowl • Oratorical Contest • Game Night • Grand Hufli Home of Multisensory Majesty of WaterFire • Low Ticket Rates & much more!

#### Registration Giveaway!

Register for the conference before May 1st, 2015 to be entered into a drawing to win two Hufli tickets at the 2015 National Convention in Boston!

#### Book your room:

There are a limited number of rooms, so book early!
The Providence Marriott

1 Orms Street, Providence, RI

Special Conference Rate of \$159 a night For reservations call: 866-807-2171 & Reference "Parish Life Conference"



100<sup>TH</sup> ANNIVERSARY of the FALLING ASLEEP of SAINT RAPHAEL

