Sunday, May 22nd: Sunday of the Paralytic
   Outreach Committee Meeting during Coffee Hour
Sunday, May 29th: Sunday of the Samaritan Woman
Monday, May 30th: 9:00 A.M.-Memorial Day prayers at Walnut Hill Cemetery
Saturday, June 4th: 6:00P.M.– Arabic Liturgy
Sunday, June 5th: Sunday of the Blindman
Monday, June 6th: 7:00 P.M.– Ladies Meeting
Wednesday, June 8th: 7:00 P.M.- Liturgy for the Ascension of Our Lord
Saturday, June 11th: 2016 PLC Pre-Conference events at St. George Church, Lowell, MA
Sunday, June 12th: Holy Fathers of the First Council of Nicea
Tuesday, June 14th: 7:00 P.M.– Parish Council Meeting
Saturday, June 18th: 8pm-1am- Hafle at the Parish Center
Sunday, June 19th: Sunday of Holy PENTECOST
   Father’s Day
Saturday, June 25th: 2016 Parish Life Conference- Sts. Constantine & Helen Church,
   71 Chandler Road, Andover, MA (hosted by St. George Church)
Sunday, June 26th: First Sunday after Pentecost
Tuesday, June 28th: 7:00 P.M.– Liturgy for Sts. Peter & Paul

Bulletin Submissions
Please help us provide a quality weekly bulletin by submitting all prayer requests and an-
nouncements to the church office by Noon on Wednesdays. Any requests received after this
time will be in the following week’s bulletin. Thank you for your cooperation.

REMINDER– New Church Email Address
Please use our new email address office@stmarypawtucket.org for all church corre-
spondence.

Sunday, May 22nd, 2016
Sunday of the Paralytic
CHRIST IS RISEN, TRULY HE IS RISEN!
A Note Regarding Holy Communion:
Since we understand Communion to mean that we have all things in common, sharing an identical faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting, and recent confession may participate in Holy Communion. We invite all, however, to partake of the blessed bread which is distributed at the dismissal. Confessions are heard by special appointment. The Eucharistic fast begins at midnight on Saturday and ends with the receiving of Holy Communion. Please see Fr. Elie if you have any questions or for inquiries on how to become a full member of the Church.

Parish Council 2016:
President: Salwa Khoury
Vice-President: Cindy Hayes
Secretary: Jamie Mitri
Treasurer: Fadia Kabak
Council Members: Joseph Samra III, Emad Amrithom, Scott Barnes, Lorice Hallal, Steven Kilsey Jr., Holly Lazieh, Walid Nakhoul, Elmer Stanley (Church School), Linda Dvelis, Hadeel Samaan

**Please feel free to contact Salwa Khoury at (401)434-8877 / stkhoury@cox.net or any member of the Parish Council with any questions or concerns**

Enter in Quietness, Rest in Prayer, Worship in Reverence, Depart in Peace to Serve

Orthodox Vocabulary
Canon
In Byzantine rite hymnography a Canon is a series of hymns divided into nine ODES, each linked to one of the nine biblical canticles, the last of which consists of the Magnificat and Benedictus. Outside monasteries the canticles, apart from the Magnificat, are normally omitted. Most canons actually contain eight odes, since Ode 2 is used only on Tuesdays in Lent, though acrostics often show that there were originally nine. Normally three (on Sundays four) canons are prescribed, so that each ode, including the Heirmos, consists of fourteen troparia. ANDREW OF CRETE is often accounted the originator of the canon. JOHN OF DAMASCUS wrote the famous Resurrection canon of Pascha. Three notable centres of canon composition were Mar Saba John of Damascus and his adopted brother Cosmas of Mauma), the Studios monastery of CONSTANTINOPLE (THEODORE THE STUDITE and his brother Joseph) and Magna Graecia (Joseph the Hymnographer, d. 886, the most prolific author of canons). The Athonite monk Gerasimos, Hymnographer of the Great Church, was a major twentieth-century author, his output railing that of any of the early writers. Among his last works is a canon for the new feast of the environment on 1 September.

Obedience responds to obedience. When someone obeys God, then God obeys his request.”
~Abba Mios

Diocese of New England: 2016 Parish Life Conference
Please reserve the dates:
June 11th & 25th for the 2016 Parish Life Conference.
This year it will be hosted by St. George Church, Lawrence, MA.
June 11th: Pre-Conference
Location: St. George Orthodox Church, Lowell, MA
June 25th: Conference
Location: Sts. Constantine & Helen Church
71 Chandler Road, Andover, MA
St. Mary Parish Bookstore

Many beautiful Orthodox religious items are available from the St. Mary Parish bookstore and display case. These include a new collection of Icons, Christmas and greeting cards, Liturgical music CDs, prayer books, coloring books, Crosses and Orthodox Bibles. These make wonderful gifts and reflect the Tradition of our Orthodox Faith. All proceeds benefit the general fund of the Church. Please see Fr. Elie if you wish to purchase these gifts.

Change of Address

All the faithful who have a recent or future change of address, phone number or email address please remember to inform the church office at (401) 726-1202.

St. Mary Parish Bookstore

Outreach Committee Meeting

Today, there will be an Outreach Committee Meeting held during Coffee Hour at the Parish Center. We will be discussing important information about the Soup Kitchen, so please try your best to attend.

Congratulations

St. Mary Church offers its congratulations to all of our young men and women who are or will be graduating from both High School and College in the next few weeks. May God bless them as they continue their education and pursue new work and careers. And may God bless their parents and families for nurturing and supporting them.

Prayer Line

St. Mary – Internet Prayer Line

Prayer requests can be sent to us via the internet at

office@stmarypawtucket.org

All requests must be received by Wednesday noon to be included in that week’s bulletin. Any requests received after that time will be included in the following week’s bulletin.

Sunday of the Paralytic

Sunday, May 22nd, 2016

CHRIST IS RISEN, TRULY HE IS RISEN!

المسيح قام، حقا قام.

Tone: 3        Eothinon: 5

Troparion of the Resurrection: Tone 3

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and became the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

Troparion of the Dormition: Tone 1

“In giving birth, Thou didst keep Thy virginity and in Thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through Thy intercessions from death Thou dost redeem our souls.”

Kontakion of Pascha: Tone 8

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.
THE EPISTLE

Sing praises to our God, sing praises. Clap your hands, all you nations.

The Reading from the Acts of the Saintly and Pure Apostles. (9:32-42)

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise and make your bed.” And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, “Please come to us without delay.” So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (5:1-15)

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethsaida, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, “Do you want to be healed?” The sick man answered Him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, “It is the Sabbath, it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” They asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befalls you.” The man went away and told the Jews that it was Jesus Who had healed him.

St. Mary Canned Food Drive

Thank you to everyone who gave, collected and participated in our Canned Food Drive that was held this past Lenten Season. We collected 288 pounds of food and $406 in cash. This equates to around 1500 pounds of food collected and donated by St. Mary Church to families in our community. This amount will also be reflected in our totals that are sent to the Archdiocese and mentioned in the WORD magazine.

Featuring the renowned composer & singer

SALAH KURDI & his Band

June 18th ~ 8pm
St. Mary Parish Center
60 St. Mary Way, Pawtucket, RI

Tickets: Adult-$50
Children (under 17)- $25

Contact Fr. Elie or Tony Kabak for tickets

All Proceeds to benefit St. Mary Church
**Memorial Day Prayers**

This year Memorial Day falls on May 30th. Prayers for the deceased will be held at Walnut Hill Cemetery starting at 9am on Monday, May 30th.

Please bring a list of the names of your beloved deceased and give them to Fr. Elie at the central cross for the offering of the Trisagion Prayers (9am).

May God grant peace and repose to the beloved deceased and may their memories be eternal!

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**Cemetery Plots**

If you wish to purchase a cemetery plot at Walnut Hill Cemetery, the cost is $1,000. Please contact Ed Ayoub for more information or to purchase a plot.

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**Parking Lot**

The parking lot across the street is to be used for elderly and handicapped parking only. Please use our other parking lot to park during church services.

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**ONLINE BULLETIN**

The Bulletin is available online on our website at:

http://stmarypawtucket.org

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**One Year Memorial Service**

Today, a One Year Memorial Service is being offered for the repose of the soul of Emile Haddad offered by Kamal, George, Gladys, Therese Haddad & Their Families. A Coffee Hour is being offered at the Parish Center following Liturgy.

*May God grant him peace and repose and may his memory be eternal.*

**PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:**

- Kevin Hashway
- Mark Hashway
  Offered by: Elaine Wilbur
- Edward & Lillian Betor
- Paul & Kerrie Betor
- Thomas & Lynn Marcotte
- Matthew & Adrienne Dykstra
- Peter Marcotte
- Laurice Zambie
- William & LaVerne Ameen
- Great-Granddaughters Joelle & Rose Dykstra
- Newborn Great-Grandson, Daniel Thomas Dykstra (Born 11-11-15)
  Offered by: Edward & Lillian Betor
- Mrs. Janice Sinotte & Family
  Offered by: Diana Hashway
- Elaine Wilbur
- Mark Hashway
  Offered by: George & Sandra Matook
- Lisa Ayoub Parent
  Offered by: Ed & Sue Ayoub

**PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:**

- Fred Hashway Jr.
  Offered by: Elaine Wilbur
- Ameen and Nayfey Sabath
- Petros and Affie Betor
- Helen Betor
- Fred Sabath
- Fred "Fritzie and Jimmy Sabath
  Offered by: Edward & Lillian Betor
- Gerard Sinotte
  Offered by: Diana Hashway
- Gerard Sinotte
  Offered by: Lily Massiwer

Special Prayers for Good Health and Blessing are being offered for Mary Rebecca on the occasion of her commencement from Fairfield University.

Offered by: George, Lois & Christopher Kilsey
Coffee Hour Sponsorships

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate $100 to the church so that a Parish Council member will handle the coffee hour on your behalf.

Please make check to St. Mary Church for coffee sponsorship and earmark “Coffee Hour”.

If you would like to sponsor a coffee hour, please call the church office and speak with Sheryl.

** ALL Coffee hour’s will now be held at the Parish Center following Liturgy.**

Please consider sponsoring a Coffee Hour~

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<tr>
<th>Date</th>
<th>Sponsored by</th>
<th>Sponsored for</th>
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<tbody>
<tr>
<td>May 22, 2016</td>
<td>Kamal, George, Gladys, Emile Haddad</td>
<td>Health of Family</td>
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<td>May 29, 2016</td>
<td>Michel Raad &amp; Family, Therese Haddad &amp; Their Families</td>
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<td>June 5, 2016</td>
<td>Steve &amp; Patricia Kilsey, Joe &amp; Marlene Samra</td>
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<td>June 12, 2016</td>
<td>Open for sponsorship</td>
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<td>June 19, 2016*</td>
<td>Elie &amp; Julia Karam, Health of Naji upon his graduation</td>
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<td>June 26, 2016</td>
<td>Open for sponsorship</td>
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<td>July 3, 2016</td>
<td>Open for sponsorship</td>
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<td>July 10, 2016</td>
<td>Dr. Zeyad &amp; Norma Morcos, Fred Hallal (1 year)</td>
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<td>July 17, 2016</td>
<td>His Daughters &amp; Their Families, Fred Hallal (1year)</td>
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<td>July 24, 2016</td>
<td>Audrey &amp; Wayne Kilsey, Eithel Kilsey (1 year)</td>
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<td>July 31, 2016</td>
<td>St. Mary Church, Family Day</td>
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<td>August 7, 2016</td>
<td>Open for sponsorship</td>
<td>St. Mary Church Feast</td>
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<td>August 14, 2016</td>
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<td>August 21, 2016</td>
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<td>September 25, 2016</td>
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This is the twentieth-second year that Memorial Trisagion services are offered for those deceased parishioners in our Charitable Gift Program who have made their contribution to the fund.

The Trisagion service will be offered this year in memory of: Assad Ayoub, Mary Ayoub, Naseem Ayoub, Joseph Bowab, Linda Salhany Bowab, Alice David, Florence David, George David, Mary Elizabeth David, Nora David, Christopher Gauthier, Ronal Gauthier, Esma Gorab, Jacqueline Gorab, John Gorab, Edward J. Hallal, Sr., Fred Hallal, Sophie Hallal, Donal Hayes, Matilda Josephs, Theodore Jucyzk, Michelle Kilsey, Ida Lavin, Theodore Lavin, John Massiwer, Sarah Massiwer, Esma Matook, Wadi Matook, Kamal Nassif, Ruth Ganim Salhany, Joseph Samra, Mary Samra, Jameela Tahrnoush and Nora Walker. May their Memory Be Eternal!

Yours in Christ,
Dr. Joseph J. Samra ~ Chairman, Charitable Gift Program