

## CHURCH CALENDAR

**Sunday, May 22nd:** Sunday of the Paralytic

Outreach Committee Meeting during Coffee Hour

**Sunday, May 29th:** Sunday of the Samaritan Woman

**Monday, May 30th:** 9:00 A.M.-Memorial Day prayers at Walnut Hill Cemetery

**Saturday, June 4th:** 6:00P.M.– Arabic Liturgy

**Sunday, June 5th:** Sunday of the Blindman

**Monday, June 6th:** 7:00 P.M.– Ladies Meeting

**Wednesday, June 8th:** 7:00 P.M.- Liturgy for the Ascension of Our Lord

**Saturday, June 11th:** 2016 PLC Pre-Conference events at St. George Church, Lowell, MA

**Sunday, June 12th:** Holy Fathers of the First Council of Nicea

**Tuesday, June 14th:** 7:00 P.M.– Parish Council Meeting

**Saturday, June 18th:** 8pm-1am- Hafle at the Parish Center

**Sunday, June 19th:** Sunday of Holy PENTECOST

Father's Day

**Saturday, June 25th:** 2016 Parish Life Conference- Sts. Constantine & Helen Church,  
71 Chandler Road, Andover, MA (hosted by St. George Church)

**Sunday, June 26th:** First Sunday after Pentecost

**Tuesday, June 28th:** 7:00 P.M.– Liturgy for Sts. Peter & Paul

### Bulletin Submissions

*Please help us provide a quality weekly bulletin by submitting all prayer requests and announcements to the church office by Noon on Wednesdays. Any requests received after this time will be in the following week's bulletin. Thank you for your cooperation.*

### REMINDER– New Church Email Address

Please use our new email address [office@stmarypawtucket.org](mailto:office@stmarypawtucket.org) for all church correspondence.

## SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



*Sunday, May 22nd, 2016*

*Sunday of the Paralytic*

CHRIST IS RISEN, TRULY HE IS RISEN!

## *Saint Mary Antiochian Orthodox Church*

249 High Street, Pawtucket, RI 02860  
Phone (401) 726-1202 Fax: (401) 729-1203  
Web site: <http://stmarypawtucket.org>  
Email: [office@stmarypawtucket.org](mailto:office@stmarypawtucket.org)

**His Grace Bishop JOHN, Auxiliary and Bishop of the  
Diocese of Worcester and New England**

**V. Rev. Father Elie Estephan**  
**395 Brown St.-Unit 2, Attleboro, MA 02703**  
**Cell- 1-(240) 205-9079**

### **Schedule of Services**

<i>Sunday: Orthros (Matins)</i>	<i>8:45 a.m.</i>
<i>Church School</i>	<i>11:15 a.m.</i>
<i>Sunday: Divine Liturgy</i>	<i>10:00 a.m.</i>

*Enter in Quietness, Rest in Prayer,  
Worship in Reverence, Depart in Peace to Serve*

### **A Note Regarding Holy Communion:**

Since we understand Communion to mean that we have all things in common, sharing an identical faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting, and recent confession may participate in Holy Communion. We invite all, however, to partake of the blessed bread which is distributed at the dismissal. Confessions are heard by special appointment. The Eucharistic fast begins at midnight on Saturday and ends with the receiving of Holy Communion. Please see Fr. Elie if you have any questions or for inquiries on how to become a full member of the Church.

### **Parish Council 2016:**

**President:** Salwa Khoury  
**Vice-President:** Cindy Hayes  
**Secretary:** Jamie Mitri  
**Treasurer:** Fadia Kabak

**Council Members:** Joseph Samra III, Emad Amirhom, Scott Barnes, Lorice Hallal, Steven Kilsey Jr., Holly Lazieh, Walid Nakhoul, Elmer Stanley (*Church School*), Linda Dvelis, Hadeel Samaan

**\*\*Please feel free to contact Salwa Khoury at (401)434-8877 / [stkhoury@cox.net](mailto:stkhoury@cox.net) or any member of the Parish Council with any questions or concerns\*\***



## *Orthodox Vocabulary*

### **Canon**

In Byzantine rite hymnography a Canon is a series of hymns divided into nine *ODES*, each linked to one of the nine biblical canticles, the last of which consists of the Magnificat and Benedictus. Outside monasteries the canticles, apart from the Magnificat, are normally omitted. Most canons actually contain eight odes, since Ode 2 is used only on Tuesdays in Lent, though acrostics often show that there were originally nine. Normally three (on Sundays four) canons are prescribed, so that each ode, including the Heirmos, consists of fourteen troparia. *ANDREW OF CRETE* is often accounted the originator of the canon. *JOHN OF DAMASCUS* wrote the famous Resurrection canon of Pascha. Three notable centres of canon composition were Mar Saba John of Damascus and his adopted brother Cosmas of Maiuma), the Studios monastery of *CONSTANTINOPLE (THEODORE THE STUDITE* and his brother Joseph) and Magna Graecia (Joseph the Hymnographer, d. 886, the most prolific author of canons). The Athonite monk Gerasimos, Hymnographer of the Great Church, was a major twentieth-century author, his output rivaling that of any of the early writers. Among his last works is a canon for the new feast of the environment on 1 September.

“Obedience responds to obedience. When someone obeys God, then God obeys his request.”

~Abba Mios



## **Diocese of New England: 2016 Parish Life Conference**

### **Please reserve the dates:**

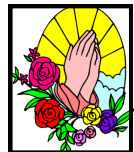
June 11th & 25th for the 2016 Parish Life Conference.  
This year it will be hosted by St. George Church, Lawrence, MA.

### ***June 11th: Pre-Conference***

Location: St. George Orthodox Church, Lowell, MA

### ***June 25th: Conference***

Location: Sts. Constantine & Helen Church  
71 Chandler Road, Andover, MA



### Outreach Committee Meeting

Today, there will be an Outreach Committee Meeting held during Coffee Hour at the Parish Center. We will be discussing important information about the Soup Kitchen, so please try your best to attend.

### Congratulations

St. Mary Church offers its congratulations to all of our young men and women who are or will be graduating from both High School and College in the next few weeks. May God bless them as they continue their education and pursue new work and careers. And may God bless their parents and families for nurturing and supporting them.



### St. Mary Parish Bookstore

Many beautiful Orthodox religious items are available from the St. Mary Parish bookstore and display case. These include a new collection of Icons, Christmas and greeting cards, Liturgical music CD's, prayer books, coloring books, Crosses and Orthodox Bibles. These make wonderful gifts and reflect the *Tradition of our Orthodox Faith*. All proceeds benefit the general fund of the Church. Please see Fr. Elie if you wish to purchase these gifts.

### Change of Address

All the faithful who have a recent or future change of address, phone number or email address please remember to inform the church office at (401) 726-1202.



### **Prayer Line**

St. Mary ~ Internet Prayer Line

Prayer requests can be sent to us via the internet at

**office@stmarypawtucket.org**

All requests must be received by Wednesday noon to be included in that week's bulletin.  
Any requests received after that time will be included in the following week's bulletin.

## *Sunday of the Paralytic*

**Sunday, May 22nd, 2016**

**CHRIST IS RISEN, TRULY HE IS RISEN!**

المسيح قام، حقا قام.

**Tone: 3      Eothinon: 5**

### **Troparion of the Resurrection: Tone 3**

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and became the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

### **Troparion of the Dormition: Tone 1**

"In giving birth, Thou didst keep Thy virginity and in Thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercessions from death Thou dost redeem our souls."

### **Kontakion of Pascha: Tone 8**

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.





## THE EPISTLE

*Sing praises to our God, sing praises. Clap your hands, all you nations.*

### **The Reading from the Acts of the Saintly and Pure Apostles. (9:32-42)**

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John. (5:1-15)**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him.

### **St. Mary Canned Food Drive**

Thank you to everyone who gave, collected and participated in our Canned Food Drive that was held this past Lenten Season. We collected 288 pounds of food and \$406 in cash. This equates to around **1500 pounds** of food collected and donated by St. Mary Church to families in our community. This amount will also be reflected in our totals that are sent to the Archdiocese and mentioned in the WORD magazine.



Featuring the renowned composer & singer

***SALAH KURDI  
& his Band***

*June 18th ~ 8pm*

*St. Mary Parish Center  
60 St. Mary Way, Pawtucket, RI*

*Tickets: Adult-\$50  
Children (under 17)- \$25*

*Contact Fr. Elie or Tony Kabak for tickets*

***All Proceeds to  
benefit St. Mary  
Church***

2016 Spring Hallel

### Memorial Day Prayers

This year Memorial Day falls on May 30th. Prayers for the deceased will be held at Walnut Hill Cemetery starting at 9am on Monday, May 30th.

Please bring a list of the names of your beloved deceased and give them to Fr. Elie at the central cross for the offering of the Trisagion Prayers (9am).

May God grant peace and repose to the beloved deceased and may their memories be eternal!



### Cemetery Plots

If you wish to purchase a cemetery plot at Walnut Hill Cemetery, the cost is \$1,000. Please contact Ed Ayoub for more information or to purchase a plot.

### Parking Lot

The parking lot across the street is to be used for elderly and handicapped parking only. Please use our other parking lot to park during church services.

### ONLINE BULLETIN

The Bulletin is available online on our website at:  
<http://stmarypawtucket.org>



### One Year Memorial Service



Today, a One Year Memorial Service is being offered for the repose of the soul of Emile Haddad offered by Kamal, George, Gladys, Therese Haddad & Their Families. A Coffee Hour is being offered at the Parish Center following Liturgy.

*May God grant him peace and repose and may his memory be eternal.*

#### **PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:**

Kevin Hashway  
Mark Hashway  
Offered by: Elaine Wilbur

Edward & Lillian Betor  
Paul & Kerrie Betor  
Thomas & Lynn Marcotte  
Matthew & Adrienne Dykstra  
Peter Marcotte  
Laurice Zambie  
William & LaVerne Ameen  
Great-Granddaughters Joelle & Rose Dykstra  
Newborn Great-Grandson, Daniel Thomas  
Dykstra (Born 11-11-15)  
Offered by: Edward & Lillian Betor

Mrs. Janice Sinotte & Family  
Offered by: Diana Hashway

Elaine Wilbur  
Mark Hashway  
Offered by: George & Sandra Matook

Lisa Ayoub Parent  
Offered by: Ed & Sue Ayoub



Mrs. Janice Sinotte & Family  
Offered by: Lily Massiwer

Elaine Wilbur  
Mark Hashway  
Offered by: Elaine Agaty  
Nora Abdelahad

#### **PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:**

Fred Hashway Jr.  
Offered by: Elaine Wilbur

Ameen and Nayfey Sabath  
Petros and Afife Betor  
Helen Betor  
Fred Sabath  
Fred "Fritzie and Jimmy Sabath  
Offered by: Edward & Lillian Betor

Gerard Sinotte  
Offered by: Diana Hashway

Gerard Sinotte  
Offered by: Lily Massiwer

Special Prayers for Good Health and Blessing are being offered for Mary Rebecca on the occasion of her commencement from Fairfield University.

Offered by: George, Lois & Christopher Kilsey



**Coffee Hour Sponsorships**

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$100 to the church so that a Parish Council member will handle the coffee hour on your behalf.

Please make check to St. Mary Church for coffee sponsorship and earmark “Coffee Hour”.

*If you would like to sponsor a coffee hour, please call the church office and speak with Sheryl.*

**\*\* ALL Coffee hour’s will now be held at the Parish Center following Liturgy.\*\***

**~Please consider sponsoring a Coffee Hour~**

<u>Date:</u>	<u>Sponsored by:</u>	<u>Sponsored for:</u>
May 22, 2016	Kamal, George, Gladys, Therese Haddad & Their Families	Emile Haddad (1 year memorial)
May 29, 2016	Michel Raad & Family	Health of Family
June 5, 2016	Steve & Patricia Kilsey Joe & Marlene Samra	John & Esma Gorab
June 12, 2016	Open for sponsorship	
June 19, 2016*	Elie & Julia Karam	Health of Naji upon his graduation
June 26, 2016	Open for sponsorship	
July 3, 2016	Open for sponsorship	
July 10, 2016	Dr. Zeyad & Norma Morcos	Health of Elias Morcos
July 17, 2016	His Daughters & Their Families	Fred Hallal (1 year)
July 24, 2016	Audrey & Wayne Kilsey	Elthel Kilsey (1 year)
July 31, 2016	St. Mary Church	Family Day
August 7, 2016	Open for sponsorship	
August 14, 2016	no coffee hour	St. Mary Church Feast
August 21, 2016	Open for sponsorship	
August 28th, 2016	Open for sponsorship	
September 4, 2016	Open for sponsorship	
September 11, 2016	Open for sponsorship	
September 18, 2016	Open for sponsorship	
September 25, 2016	Open for sponsorship	

This is the twentieth-second year that Memorial Trisagion services are offered for those deceased parishioners in our Charitable Gift Program who have made their contribution to the fund.

The Trisagion service will be offered this year in memory of: Assad Ayoub, Mary Ayoub, Naseem Ayoub, Joseph Bowab, Linda Salhany Bowab, Alice David, Florence David, George David, Mary Elizabeth David, Nora David, Christopher Gauthier, Ronald Gauthier, Esma Gorab, Jacqueline Gorab, John Gorab, Edward J. Hallal, Sr., Fred Hallal, Sophie Hallal, Donald Hayes, Matilda Josephs, Theodore Juczyk, Michelle Kilsey, Ida Lavin, Theodore Lavin, John Massiwer, Sarah Massiwer, Esma Matook, Wadi Matook, Kamal Nassif, Ruth Ganim Salhany, Joseph Samra, Mary Samra, Jameela Tahmoush and Nora Walker. May their Memory Be Eternal!

Fr. Leonard Faris	Maria Hallal	Robert Laffey
Fr. Timothy Ferguson	Paula Hallal	Holly Lazieh
Anonymous--Four	Ronald Hallal	Lily Massiwer
Cindy Antypas	Dianna Hashway	Mary Massiwer
Bette Ayoub	Fareed Hawwa	Keith Marshall
Edward Ayoub	Olga Hawwa	Marlene Marshall
Philip Ayoub	Tawfik Hawwa	Donna Maurice
Philip G. Ayoub	Cindy Hayes	Glen Maurice
Suzanne Ayoub	Daniel Hayes	Mary Mechrefe
Janet Bowab	Donald Hayes, Jr.	Louise Megalli
Christine Briggs	Sarah Hayes	Melanie Ann Merner
Liam Burke	Hilda Jarjoura Juczyk	William Salhany
Mary Lou Catelli	Fadia Kabak	Barbara M. Samra
William Catelli	Eli Karam	Joseph J. Samra
Bryan Chowning	Julia Karam	Joseph J. Samra III
Stephanie Chowning	Naji Karam	Marlene Samra
Linda Dvelis	Nabil Khoury	Rebecca Samra
Fred Elliott	Salwa Khoury	Rita Sayegh
Renda Ferrari	Audrey Kilsey	Florence Spenard
Elaine Gauthier	Fred Kilsey	Phil Spenard
Maureen Gurghigian	George Kilsey	Carol Wartenburg
Paul Gurghigian	Lois Kilsey	Susan Warzycha
Janice Bowab Hallal	Melissa Ann Kilsey	Mary Jane Wehbe
Jim Hallal	Patricia A. Kilsey	Elaine Wilbur
Keith Hallal	Steven G. Kilsey	Our Teens
Lorice Hallal	Steven W. Kilsey	

Yours in Christ,  
Dr. Joseph J. Samra ~ Chairman, Charitable Gift Program