

CHURCH CALENDAR

Sunday, September 18th: Sunday After the Elevation of the Cross
Wednesday, September 21st: 7:00 P.M.- Parish Council Meeting
Saturday, September 24th: 9:30 A.M.- Ladies Cooking at the Parish Center (Sfeeha)
Sunday, September 25th: 14th Sunday After Pentecost & 1st Sunday of Luke
Monday, September 26th: 7:00 P.M.- Holiday Bazaar Meeting in the Church Hall
Saturday, October 1st: 9:30 A.M.- Ladies Baking at the Parish Center (Date Fingers)
6:00 P.M.- Arabic Liturgy
Sunday, October 2nd: Fifteenth Sunday After Pentecost
Outreach Committee Meeting during Coffee Hour
Monday, October 3rd: 7:00 P.M.- Ladies Society Meeting
Thursday, October 6th: 12-3:30 P.M.- Candy Making Workshop at the Parish Center
3:00-6:30 P.M.- 2nd Session Candy Making Workshop
Saturday, October 8th: 9:30 A.M.- Ladies Baking at the Parish Center (Mamoul Nuts)
Sunday, October 9th: Sixteenth Sunday After Pentecost
Tuesday, October 11th: 7:00 P.M.- Parish Council Meeting
Wednesday, October 12th: 9:30 A.M.- Ladies Baking at the Parish Center (Braided & Round Kaik)
Thursday, October 13th: 12-3:30 P.M.- Candy Making Workshop at the Parish Center
3:00-6:30 P.M.- 2nd Session Candy Making Workshop
Saturday, October 15th: 9:30 A.M.- Ladies Baking at the Parish Center (Graybee)
Sunday, October 16th: Fathers of the 7th Ecumenical Council
Thursday, October 20th: 12-3:30 P.M.- Candy Making Workshop at the Parish Center
3:00-6:30 P.M.- 2nd Session Candy Making Workshop
Friday, October 21st: 11:30 A.M.- Cutting Cheese at the Parish Center
Saturday, October 22nd: 9:30 A.M.- Braiding Cheese at the Parish Center
Sunday, October 23rd: James the Brother of God and the Sixth Sunday of Luke
Thursday, October 27th: 12-3:30 P.M.- Candy Making Workshop at the Parish Center
3:00-6:30 P.M.- 2nd Session Candy Making Workshop
Sunday, October 30th: Nineteenth Sunday After Pentecost

Looking Ahead: *St. Mary Holiday Bazaar: November 4th-6th*
Hafli: November 12th



SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



Sunday, September 18, 2016
Sunday After the Elevation
of The Holy Cross

Saint Mary Antiochian Orthodox Church

249 High Street, Pawtucket, RI 02860
Phone (401) 726-1202 Fax: (401) 729-1203
Web site: <http://stmarypawtucket.org>
Email: office@stmarypawtucket.org

**His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England**

V. Rev. Father Elie Estephan
395 Brown St.-Unit 2, Attleboro, MA 02703
Cell- 1-(240) 205-9079

Schedule of Services

<i>Sunday: Orthros (Matins)</i>	<i>8:45 a.m.</i>
<i>Church School</i>	<i>11:15 a.m.</i>
<i>Sunday: Divine Liturgy</i>	<i>10:00 a.m.</i>

*Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve*

A Note Regarding Holy Communion:

Since we understand Communion to mean that we have all things in common, sharing an identical faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting, and recent confession may participate in Holy Communion. We invite all, however, to partake of the blessed bread which is distributed at the dismissal. Confessions are heard by special appointment. The Eucharistic fast begins at midnight on Saturday and ends with the receiving of Holy Communion. Please see Fr. Elie if you have any questions or for inquiries on how to become a full member of the Church.

Parish Council 2016:

President: Salwa Khoury
Vice-President: Cindy Hayes
Secretary: Jamie Mitri
Treasurer: Fadia Kabak

Council Members: Joseph Samra III, Emad Amirhom, Scott Barnes, Lorice Hallal, Steven Kilsey Jr., Holly Lazieh, Walid Nakhoul, Elmer Stanley (*Church School*), Linda Dvelis, Hadeel Samaan

****Please feel free to contact Salwa Khoury at (401)434-8877 / stkhoury@cox.net or any member of the Parish Council with any questions or concerns****



THE CROSS

The Holy Cross has central significance for the Church. An instrument of death, it has become the instrument of salvation. Basil the Great identifies the ‘sign of the Son of man’ mentioned by Christ in connection with his Second Coming with the arms of the Cross pointing towards the four ends of the universe. The Cross is a symbol of Christ himself and is infused with miraculous power. The Orthodox Church believes that Christ’s energy is present in the Cross. Therefore Christians not only make crosses and place them on the same level as icons in churches, they also wear crosses hung around their necks, make the sign of the Cross over themselves and bless each other with the sign of the Cross. They even address the Cross as something capable of hearing them: ‘Rejoice, life-bearing Cross’, ‘O most honourable and life-creating Cross of the Lord’.

The Church knows about the salvific and healing power of the Cross and of the sign of the Cross from her experience. The Cross protects a person travelling, working, sleeping, praying. Indeed, in all places, through the sign of the Cross, Christ’s blessing comes upon every good deed which we undertake: ‘The Cross is the protector of the whole world, the Cross is the beauty of the Church, the Cross is the power of kings, the Cross is the foundation of the faithful, the Cross is the glory of the angels and the sore of the demons’, sings the Church at festivals of the Cross.

The teaching on the Holy Cross as a symbol of divine dispensation and as an object of religious veneration is expounded by Isaac the Syrian in one of his newly discovered works from the fourth century.

Blessed is God who uses corporeal objects continually to draw us close in a symbolic way to a knowledge of his invisible nature... Let our hearts rejoice in the mysteries of the faith which we hold; let us exult in God who is so concerned with us... How much to be worshipped is the God who, for our salvation, has done everything in the world to bring us close to him, before the time when what has been prepared will be revealed... How much to be worshipped is the symbol of the Cross, seeing that it has given to us all these things, and through it we have been deemed worthy of the knowledge of angels — that is, through the power by which all created things, both visible and invisible, were created.

~Bishop Hilarion Algeyev



Orthodox Vocabulary

Chalice

The Orthodox chalice is a silver or gold-stemmed cup containing the consecrated elements of Bread and Wine to be imparted to clergy and laity as Communion of the Body and Blood of Christ. It appears that originally the chalice was a plain cup of glass or some times of other materials. By the 4th century, precious metals had almost entirely substituted other materials. St. Augustine and St. John Chrysostom both mention chalices of gold or silver adorned with precious stones, although chalices of materials other than metal appeared in use until the 9th century. The earliest form of chalice of which we have depictions in the catacombs consisted of a bowl, especially in the West, where Communion in one kind had become universal. In the East, the bowl not only remained large owing to the fact that it had to contain both consecrated elements, but it became gradually adorned. Tertullian speaks of chalices bearing a relief of Christ as the Good Shepherd. Later on, small icons either engraved or painted and enameled appeared on chalices and continue to adorn the most expensive among chalices to this day. These icons depict Christ, the Mother of God, the Evangelists, or the Apostles Peter and Paul. The material value of chalices became greater and greater as the art and the precious and metal stones became symbols of personal piety and sacrifice. St. Ambrose relates that the Church offered these valuable liturgical implements as ransom for war captives. Today, chalices in use within the Orthodox Church are made of silver or gold with a broad base, a tall stem and a proportionate bowl. They are engraved or bear painted on enamel icons often framed with precious or semi-precious stones. Some chalices bear inscribed the Lord's words, 'take ye, eat ... drink ye...' (Matthew 26:26,27)

If someone is upset with you (i.e., not at peace with you, but does not express it), be pleasant with him – as if you don't notice it.

~St. Ambrose of Optina



Arabic Liturgy

Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.

Visitations

Please contact Fr. Elie or Salwa Khoury with any names of parishioners that are in need of visitation either at home, in hospital or nursing homes.

Sunday After the Elevation of The Holy Cross

Sunday, September 18, 2016

Tone: 4 Eothinon: 2

Troparion of the Resurrection: Tone 4

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

Troparion of The Elevation of the Holy Cross: Tone 1

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

Troparion of the Dormition: Tone 1

In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for living thou wast translated, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

Kontakion of the Elevation of the Holy Cross: Tone 4

*(**Thou Who wast raised up**)*

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

The Epistle

Galatians 2:16-20

*Prokeimenon: O Lord, save Your people and bless Your inheritance.
Verse: To You, O Lord, have I cried, O my God.
The reading is from Saint Paul's Letter to the Galatians.*

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Jesus Christ, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

The Gospel

Mark 8:34-9:1

The Lord said, "If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see that the kingdom of God has come with power."



Coffee Hour Sponsorships

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$100 to the church so that a Parish Council member will handle the coffee hour on your behalf.

**** ALL Coffee hour's will now be held at the Parish Center following Liturgy.****

~Please consider sponsoring a Coffee Hour~

<u>Date:</u>	<u>Sponsored by:</u>	<u>Sponsored for:</u>
September 18, 2016	Elie & Julia Karam	Health of Naji upon his graduation Health of His Family
September 25, 2016	Chadi Saad	
October 2, 2016	Open for sponsorship	In Memory of Youssef & Elise Masry Morcos
October 9, 2016	Samy & Helen Morcos	
October 16, 2016		2016 Annual Holiday Bazaar
October 23, 2016	Open for sponsorship	
October 30, 2016	Open for sponsorship	
November 6, 2016	no coffee hour	
November 13, 2016	Open for sponsorship	
November 20, 2016	not available	
November 27, 2016	Open for sponsorship	
December 4, 2016	Open for sponsorship	
December 11, 2016	Open for sponsorship	
December 18, 2016	Open for sponsorship	
December 25th, 2016	no coffee hour	Memory of Elias Morcos
January 1, 2017	Open for sponsorship	
January 8, 2017	Open for sponsorship	
January 15, 2017	Open for sponsorship	
January 22, 2017	Dr. Zeyad & Norma Morcos	
January 29, 2017	Open for sponsorship	

**There are still many open dates to sponsor a coffee hour. Either call the church office, or see Mirna Nakhoul on Sunday after Liturgy.
Please consider sponsoring a coffee hour.**

Ladies Society News

Schedule for Bazaar Cooking:

Saturday, September 24th: 9:30am– Sfeeha

Schedule for Bazaar Baking:

Saturday, October 1st: 9:30am– Date Fingers / Apricot Crescent

Saturday, October 8th: 9:30am– Mamoul Nuts

Wednesday, October 12th: 9:30am– Braided & Round Kaik

Saturday, October 15th: 9:30am– Graybee

Cheese:

Cutting cheese– Friday, October 21st: 11:30am

Braiding cheese– Saturday, October 22nd: 9:30am



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Everyone is welcome and encouraged to help with the
cooking! Come help us in making these delicious foods for
our Bazaar.
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To all Parishioners:

Some ladies have approached us and asked to help with making candy for the Bazaar. We will be having a Candy Workshop for those interested in learning how to make candy. Dates will be ALL Thursdays in October. **We will be having 2 sessions**, so that we may accommodate more people– one starting at 12:00 and ending at 3:30pm AND the other will start at 3-6.30pm at the Parish Center. Hope to see you there!



PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Kevin Hashway
Mark Hashway
Offered by: Elaine Wilbur

Edward & Lillian Betor
Paul & Kerrie Betor
Thomas & Lynn Marcotte
Matthew & Adrienne Dykstra
Peter Marcotte
Laurice Zambie
William & LaVerne Ameen
Great-Granddaughters Joelle & Rose Dykstra
Great-Grandson, Daniel Thomas Dykstra
Offered by: Edward & Lillian Betor

Naji Karam
Offered by: Elie & Julia Karam

Helga (my uncle's wife)
Offered by: Dr. Zeyad & Norma Morcos

PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:

Fred Hashway Jr.
Offered by: Elaine Wilbur

Ameen and Nayfey Sabath
Petros and Afife Betor
Helen Betor
Fred Sabath
Fred "Fritzie and Jimmy Sabath
Offered by: Edward & Lillian Betor

Metri
Firas
Elias
Iyad
Offered by: Fadi & Hadeel Samaan



Coffee Hour

Coffee hour today is sponsored by Elie & Julia Karam for the Health of Naji upon his graduation.

Coffee hour will be held at the Parish Center following Liturgy.



Outreach Committee Meeting

There will be an Outreach Ministry meeting on Sunday, October 2nd during Coffee Hour. Please plan on attending for we will be discussing the outcome of our first 'Soup Kitchen' attempt that will be held on Sunday, September 25th. Hope to see you all on October 2nd.

~ Outreach Ministry Committee

COMING SOON !

St. Mary's Famous Annual Bazaar

Friday, November 4th, 5:00 pm - 8:00 pm

Saturday, November 5th, 10:00 am - 8:00 pm

Sunday, November 6th, 11:00 am - 4:00 pm

FEATURING

Arabic Food & Pastry

Homemade Cheese

Penny Social

Silent Auction

Santa Claus

Cash Raffle & Grand Raffle



St. Mary Antiochian Orthodox Church | St. Mary Parish Center
60 Saint Mary Way | Pawtucket, RI

For more information please call 726-1202
or view our website at www.stmarypawtucket.org



St. Mary Church School News

St. Mary Church School New Year

Attention All Parents: Please bring your children to the Liturgy before Church School. Church School starts every Sunday following communion (Approx. 11:15am)

Dear Brothers and Sisters in Christ,

On behalf of Fr. Elie, the Parish Council Members and myself we greet you in the Name of Our Lord and Savior Jesus Christ. We hope that all of you enjoyed a wonderful summer and are looking forward to Ecclesiastical New Year. At this time we would like to thank our Sunday School Superintendent Rebecca Samra and all the Sunday School Teachers for their dedication and their time lovingly ministering the faith to our children. Our thanks to the members of our Chapter of the Order of St. Ignatius for hosting a delicious luncheon to welcome back our Sunday School Teachers and Students, and also to welcome the new families to our Parish. We thank everyone who donated, cooked, decorated and made the luncheon very enjoyable for all who attended. We are delighted to welcome the new families who joined us. We pray that they may find warmth and happiness in our Parish and we look forward to getting to know them personally in the weeks and months ahead. We pray that each of you is inspired to work together for the greater glory of God.

In Christ,
Salwa Khoury

Thanks

Protection of the Environment Observance - Tonight Sponsored by the RI Orthodox Clergy Fellowship

This year's commemoration will be held at St Mary Antiochian Orthodox Parish in Pawtucket (249 High St) at 5PM, at which time a Water Blessing will be served and a homily reflection offered by Fr Andrew George (who serves as president of the fellowship). Refreshments will follow at the Parish Center.

All are invited from throughout the Orthodox parishes in RI.

The next Bazaar meeting will be on Monday, September 26th at 7:00pm in the Church Hall. Please make every effort to attend.

