

## CHURCH CALENDAR

**Sunday, March 19th:** Third Sunday of Lent

Second Collection for Antiochian Women's Project

Outreach Committee 'Soup Kitchen' 12pm-12:30pm

**Monday, March 20th:** 7:00 P.M.-Great Compline at St. George, Lowell, MA  
(Bishop JOHN presiding)

**Tuesday, March 21st:** 7:00 P.M.- Great Compline at St. Mary Church, Pawtucket

**Wednesday, March 22nd:** 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

**Thursday, March 23rd:** 7:00 P.M.- Great Compline at St. Mary Church, Pawtucket

**Friday, March 24th:** 7:00 P.M.- Akythyst Hymn at St. Mary Church, Pawtucket, followed by a Potluck Dinner at the Parish Center

**Sunday, March 26th, 2017:** Fourth Sunday of Lent

Ladies Society Dinner at the Parish Center

5:00P.M.- RI Orthodox Clergy Fellowship Lenten Sunday

Vespers & refreshments

**Monday, March 27th:** 7:00 P.M.-Great Compline at St. John of Damascus, Dedham, MA  
(Bishop JOHN presiding)

**Tuesday, March 28th:** 7:00 P.M.- Great Compline at St. Mary Church, Pawtucket

**Wednesday, March 29th:** 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

**Thursday, March 30th:** 7:00 P.M.- Great Compline at St. Mary Church, Pawtucket

**Friday, March 31st:** 7:00 P.M.- Akythyst Hymn at St. Mary Church, Pawtucket

**Saturday, April 1st:** 6:00 P.M.- Arabic Liturgy

**Sunday, April 2nd:** Fifth Sunday of Lent

**Monday, April 3rd:** 6:30 P.M.-Great Compline at St. George Cathedral, Worcester  
(Bishop JOHN presiding)

**Saturday, April 8th:** 9:00 A.M.- Divine Liturgy for Lazarus Saturday

Breakfast following Liturgy at the Parish Center & Demonstration on making palm crosses

**Sunday, April 9th:** Palm Sunday

8:50am- Orthros

10:00am-Divine Liturgy and Procession with Palms

6:30pm- Bridegroom Service

**Monday, April 10th:** Great and Holy Monday ~ 6:30pm- Bridegroom Service

**Tuesday, April 11th:** Great and Holy Tuesday ~ 6:30pm- Bridegroom Service

**Wednesday, April 12th:** Great and Holy Wednesday



## SAINT MARY ANTIOCHIAN ORTHODOX CHURCH

BEFORE THY CROSS WE BOW DOWN IN WORSHIP,  
O MASTER,  
AND THY HOLY RESURRECTION WE GLORIFY!



VENERATION OF THE CROSS - SESSIONAL HYMN

No sooner had the wood of Thy Cross been set up, O Christ our Lord, than the foundations of death were shaken. Hell swallowed Thee eagerly, but it led Thee go with trembling. Thou hast shown us Thy salvation, O Holy One, and we glorify Thee, O Son of God; have mercy on us!

*Sunday, March 19, 2017*

*Third Sunday of Lent:*

*Veneration of the Holy Cross*

## ***Saint Mary Antiochian Orthodox Church***

249 High Street, Pawtucket, RI 02860  
Phone (401) 726-1202 Fax: (401) 729-1203  
Parish Center Phone (401) 725-5150  
Web site: <http://stmarypawtucket.org>  
Email: [office@stmarypawtucket.org](mailto:office@stmarypawtucket.org)

**His Grace Bishop JOHN, Auxiliary and Bishop of the  
Diocese of Worcester and New England**

**V. Rev. Father Elie Estephan**  
**395 Brown St.-Unit 2, Attleboro, MA 02703**  
**Cell- 1-(240) 205-9079**

### **Schedule of Services**

|                                 |                   |
|---------------------------------|-------------------|
| <i>Sunday: Orthros (Matins)</i> | <i>8:45 a.m.</i>  |
| <i>Church School</i>            | <i>11:15 a.m.</i> |
| <i>Sunday: Divine Liturgy</i>   | <i>10:00 a.m.</i> |

*Enter in Quietness, Rest in Prayer,  
Worship in Reverence, Depart in Peace to Serve*

### **A Note Regarding Holy Communion:**

Since we understand Communion to mean that we have all things in common, sharing an identical faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting, and recent confession may participate in Holy Communion. We invite all, however, to partake of the blessed bread which is distributed at the dismissal. Confessions are heard by special appointment. The Eucharistic fast begins at midnight on Saturday and ends with the receiving of Holy Communion. Please see Fr. Elie if you have any questions or for inquiries on how to become a full member of the Church.

### **Parish Council 2017:**

**President:** Salwa Khoury  
**Vice-President:** Cindy Hayes  
**Secretary:** Jamie Mitri  
**Treasurer:** Fadia Kabak



**Council Members:** Geoff Ayoub, Scott Barnes, Matthew Duncan (Sunday School), Linda Dvelis, Keith Hallal, Fred Kilsey, George Kilsey, Walid Nakhoul, Chadi Saad, Hadeel Samaan, Joseph Samra III

**\*\*Please feel free to contact Salwa Khoury at (401)434-8877 / [stkhoury@cox.net](mailto:stkhoury@cox.net) or any member of the Parish Council with any questions or concerns\*\***

## *Orthodox Vocabulary*

### **Hexapsalmos**

The sequence of six psalms read after the opening prayers of Orthros. They are Septuagint Psalms 3,37,62,87,102 and 142. During the reading of the Six Psalms the officiating priest recites the twelve Matins prayers and the congregation maintains a strict silence.

*All our life is like a day of celebration for us; we are convinced, in fact, that God is always everywhere. We work while singing, we sail while reciting hymns, we accomplish all other occupations of life while praying.*

*~Clement of Alexandria*



### **Soup Kitchen Donations**

Kindly place your donation in the 'breadbox' (at the rear of the Church on the candle stand) to help defray the costs of the '***Soup Kitchen***' Outreach project.

**Thank you for your support!**

The Soup Kitchen provides boxed lunches to people from the community every 3rd Sunday of the month.

**SAVE THE DATE**  
**(\*\*note date change\*\*)**

Spring Hafli  
May 13th ~ 8pm-1am

***Singer: Sumaia Aziz***

More info to follow.....

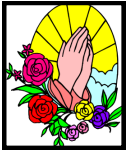


### Arabic Educational Foundation Scholarship

The Arabic Educational Foundation is now taking applications for the 2017 school year. Applicants of Arabic descent that are enrolled full-time as an undergraduate student are eligible to apply. Applications and Scholarship Eligibility Requirements are available online at [www.aef-ri.org](http://www.aef-ri.org). Scholarship applications must be submitted by April 15th.

### Visitations

Please contact Fr. Elie or Salwa Khoury with any names of parishioners that are in need of visitation either at home, in hospital or nursing homes.



### **Prayer Line**

St. Mary ~ Internet Prayer Line

Prayer requests can be sent to us via the internet at

**[office@stmarypawtucket.org](mailto:office@stmarypawtucket.org)**

All requests must be received by Wednesday noon to be included in that week's bulletin.  
Any requests received after that time will be included in the following week's bulletin.

## Diocese of N.E. upcoming events

We are happy to announce this year's Parish Life Conference, hosted by St. George Orthodox Cathedral of Worcester. This year's PLC is filled with events for the whole family to enjoy. Some of the scheduled events include: Divine services, Teen SOYO baseball game outing, Young Adults Summer BBQ Bash, presentation on the conference theme by Fr. George Eber, Oratorical, Bible Bowl, Hafli, delicious food and much more... Event rates are very affordable so be sure to register your family today: <http://www.antiochianevents.com/worcester.html>

## *Third Sunday of Lent: Veneration of the Holy Cross*

**Tone 6 / Eothinon 6**

### **RESURRECTIONAL APOLYTIKION: Tone 6**

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

### **APOLYTIKION FOR THE HOLY CROSS: Tone 1**

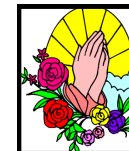
O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

### **TROPARION OF THE DORMITION: Tone 1**

In giving birth, Thou didst keep Thy virginity and in thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercession from death Thou dost redeem our souls.

### **KONTAKION FOR THE ANNUNCIATION (AND GREAT LENT): Tone 8**

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.





## Epistle Hebrews 4:14-5:6

Prokeimenon: O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, have I cried, O my God.

The reading is from Saint Paul's Letter o the Hebrews.

Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just like Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten Thee," as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

## The Gospel Mark 8:34-9:1

The Lord said, "If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see that the kingdom of God has come with power."



## Coffee Hour Sponsorships

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$200 to the church so that a Parish Council member will handle the coffee hour on your behalf.

### ~Please consider sponsoring a Coffee Hour~

| <u>Date:</u>       | <u>Sponsored by:</u>      | <u>Sponsored for:</u>                |
|--------------------|---------------------------|--------------------------------------|
| March 19, 2017     | The Order of St. Ignatius | Memory of Archbishop PHILIP          |
| March 26, 2017     | St. Mary Ladies Society   | Ladies Society Dinner                |
| April 2, 2017      | William Salhany & Family  | Memory of Ruth Salhany               |
| April 9, 2017      | no coffee hour            | Palm Sunday                          |
| April 16, 2017     | Agape Breakfast           | Pascha                               |
| April 23, 2017     | Her Loving Family         | Memory of Sophie Hallal              |
| April 30, 2017     | Elaine Wilbur             | Health of son Mark &                 |
|                    |                           | Memory of son Fred & husband Russell |
| May 7, 2017        | Cindy Hayes               | Memory of Don Hayes (10 years)       |
| May 14, 2017       | Chadi Saad                | Health of Hadi Saad & Family         |
| May 21, 2017       | Steve Kilsey & Students   | "Saints among us"                    |
| May 28, 2017       | Charitable Gift Program   | Memory / Health of all Participants  |
| June 4, 2017       | Nabil & Salwa Khoury      | Health of Family                     |
| June 11, 2017      | St. Mary Church           | Church School Graduation Dinner      |
| June 18, 2017      | The Kilsey Family         | Memory of Mary Kilsey (20 years)     |
| June 25, 2017      | Elaine Swistak & Family   | Memory of John Swistak (5 years)     |
| July 2, 2017       | Open for sponsorship      |                                      |
| July 9, 2017       | Open for sponsorship      |                                      |
| July 16, 2017      | His Loving Family         | Memory of Frederick Hallal           |
| July 23, 2017      | Dr. Zeyad & Norma Morcos  | Health of our son Elias Morcos       |
| July 30, 2017      | Open for sponsorship      |                                      |
| August 6, 2017     | Open for sponsorship      |                                      |
| August 13, 2017    | Open for sponsorship      |                                      |
| August 20, 2017    | St. Mary Church           | Feast Day Dinner                     |
| August 27, 2017    | Open for sponsorship      |                                      |
| September 3, 2017  | Open for sponsorship      |                                      |
| September 10, 2017 | The Order of St. Ignatius | First Day of Church School           |
| September 17, 2017 | Open for sponsorship      |                                      |
| September 24, 2017 | Open for sponsorship      |                                      |
| October 1, 2017    | Open for sponsorship      |                                      |

## TEEN SOYO NEWS

### Special Olympics Coaching Opportunities at Antiochian Village

The 2017 Special Olympics Sports Camp is scheduled to be held at the Antiochian Village August 11-20, 2017. This ministry is sponsored by the North American Council of Teen SOYO, and is the second longest running program of Special Olympics Pennsylvania, serving over 340 Special Olympics Athletes, Coaches, and Staff each season. It is the premier SOYO outreach program, now in its 36th year of service. Each year SOYO teens raise the funds on Special Olympics Awareness Day. ***Please see Matt Duncan if you are interested in submitting an application.***



## St. Mary Church School News

**Attention All Parents:** Please bring your children to the Liturgy before Church School. Church School starts every Sunday following communion (Approx. 11:15am)

### Upcoming Events:

***Friday, April 14th:*** Good Friday Retreat

***Sunday, April 30th:*** Walk-a-Thon

***Sunday, June 11th:*** Church School Graduation & Dinner

### ONLINE BULLETIN

The Bulletin is available online on our website at:  
<http://stmarypawtucket.org>

### PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Kevin Hashway  
Mark Hashway  
Offered by: Elaine Wilbur

Fadia & Tony Kabak  
Offered by: Nabil & Salwa Khoury

Mark Hashway  
Offered by: Ray & Leila Trabulsi

Nora Matook  
Offered by: Michael, Maria, Mark & Meika Matook

George Matook  
Dr. Alan Matook  
Leah, Bianca & Johnna Macaruso  
Michael, Maria, Mark & Meika Matook  
Offered by: Nora Matook

Fadia & Tony Kabak  
George Matook  
Alan Matook  
Offered by: Elaine Swistak

Fadia & Tony Kabak  
Offered by: Samy & Helen Morcos

Special Prayers of Good Health and Blessing are being offered for Beth Schillawski on the occasion of her birthday.

These prayers are being offered by her loving family Jim, Michael & Tanya Schillawski.



### PRAYERS ARE BEING OFFERED IN LOVING MEMORY OF:

Fred Hashway Jr.  
Offered by: Elaine Wilbur

His Eminence Metropolitan PHILIP  
Offered by: The Order of St. Ignatius

Rose Khoury  
Offered by: Nabil & Salwa Khoury

George Matook  
Leon Matook  
Offered by: George & Sandra Matook & Family

Rose Khoury  
Offered by: Ray & Leila Trabulsi

Rose Khoury  
Offered by: Elaine Swistak

Leon Thomas Matook  
Offered by: Nora Matook

Leon Matook  
Offered by: Michael, Maria, Mark & Meika Matook

Rose Khoury  
Offered by: Samy & Helen Morcos



### Arabic Liturgy

Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.

## SAINT MARY ANTIOCHIAN ORTHODOX CHURCH

249 HIGH STREET, PAWTUCKET, RI 02860

### Holy Week 2017

**Saturday, April 8th**

**Lazarus Saturday**

9:00 a.m. — Divine Liturgy

**Sunday, April 9th**

**Palm Sunday**

8:50 a.m. — Orthros

10:00 a.m. — Divine Liturgy and  
Procession with Palms

6:30 p.m. — Bridegroom Service

**Monday, April 10th**

**Great and Holy Monday**

6:30 p.m. — Bridegroom Service

**Tuesday, April 11th**

**Great and Holy Tuesday**

6:30 p.m. — Bridegroom Service

**Wednesday, April 12th**

**Great and Holy Wednesday**

6:00 p.m. — Sacrament of Holy  
Unction

**Thursday, April 13th**

**Great and Holy Thursday**

10:00 a.m. — Divine Liturgy

6:30 p.m. — Service of the Twelve  
Passion Gospels

**Friday, April 14th**

**Great and Holy Friday**

10:00 a.m. — Royal Hours

11:00 a.m. — Great Vespers of the  
Taking Down of the Cross

6:30 p.m. — Service of the  
Lamentations and Procession

**Saturday, April 15th**

**Great and Holy Saturday**

10:00 a.m. — Divine Liturgy

**Sunday, April 16th**

**Great and Holy Pascha**

11:00 p.m. (Saturday)—Rush Service

12:00 a.m. — Divine Liturgy  
followed by Agape Breakfast

6:00 p.m. — Agape Vespers



# Ladies Society News

## March is Antiochian Women's Month

During the month of March, in all the Churches of our Archdiocese, we highlight and remember the Ministry of Women in our Church. Being founded on the model of Mary the Mother of God herself and the Service of the Myrrh-bearer ministry is foundational for without it the Church would not exist. During March, the Women will be reading the Epistle, taking the collection, and ushering as they do all year long.

*May God bless all of the Women of the Holy Church and bless their ministry.*

### Epistle

### Ushers

### *English/Arabic*

March 19th: Nora Matook/Mirna Nakhoul

Janice & Maria Hallal

March 26th: Jiana Daikh/Carol Daikh

Elaine Wilbur & Lorice Hallal



## Ladies Society Dinner

On Sunday, March 26th the Ladies Society will be hosting a dinner (following Liturgy) at the parish center. Everyone is welcome.

**Menu:** Fish, roasted potatoes, vegetables, salad & dessert.

*Adults: \$15    Children 12 and older: \$7    Children under 12: Free*

## Church News & Organization Activities

### St. Mary Liturgical Choir

The St. Mary Liturgical Choir welcomes new members to join its Ministry of Sacred Music. Anyone interested in joining the choir (whatever their level of musical experience) is asked to contact the choir director Dawn Boukari @ (401) 465-8909 or email her: daboukari@gmail.com

### Lazarus Saturday

**Saturday, April 8th:** 9:00 A.M.– Divine Liturgy for Lazarus Saturday  
Breakfast following Liturgy at the Parish Center & Demonstration on making palm crosses. All materials will be provided (free) and all are welcome to make palm crosses.

### RI Orthodox Clergy Fellowship ~ Lenten Sunday

Sunday, March 26th, 2017 ~ 5:00P.M.  
Vespers & refreshments (at the Parish Center) following Liturgy



### Cemetery Plots

If you wish to purchase a cemetery plot at Walnut Hill Cemetery, the cost is \$1,000. Please contact Ed Ayoub for more information or to purchase a plot.

# GREAT LENT 2017

February 27th ~ April 16th (Holy Pascha)



## What is Lent?

Prayer † Fasting † Acts of Mercy



### Sacrament of Confessions

Great Lent is the season to “Open the Gates of Repentance”. The faithful are encouraged to enter into the sacrament of confession during the Forty-Day Fast. Confessions can be made before or after Divine Services, or by special appointment with the Priest.

### Liturgical Supplies and Offerings for Lent

During Great Lent the Church offers an intensified schedule of Divine Services and Prayers. Donations are being sought from the faithful for the many extra Liturgical Supplies needed for the Holy Season. These offerings include candles, wine, oil, incense, bread, service books, music and printed materials. Please earmark your donations and offerings “Liturgical Supplies.” Along with these offerings, bring also yourselves to pray the beautiful Lenten Services.

### Food For Hungry People Collection (F.F.H.P.)

“When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He Himself who is fed. For through that which appears to be not Christ, yet in that person’s form, it is Christ Himself who receives and begs.”

~St. John Chrysostom

During the Holy Season of Lent, we collect alms to feed the hungry, as an act of Christian Mercy. Food for Hungry People collection boxes are available in the Vestibule & Church Hall. Take one home, fill it with coins during Lent and return it at Holy Pasha (Easter). Donations will also be accepted. To: St. Mary Orthodox Church earmarked “F F.H.P.”

May we be generous to reach out to those who hunger and who are in need.  
This “reaching out” and caring will help us to witness the resurrection.

### Coffee Hour

Prayers in Memory of His Eminence Metropolitan PHILIP of thrice-blessed memory on the 3rd Anniversary of his repose are requested by the members of the Order of St. Ignatius. May his memory be eternal. Coffee hour will be held at the Parish Center in his memory sponsored by the Order of St. Ignatius.

### Palm Sunday Candles

Decorated Palm Sunday Candles for children will be displayed and available for purchase during Coffee Hour today at the Parish Center.



### Parish Center phone number

The new phone number for the Parish Center is (401) 725-5150.

### Byzantine Night

With the blessing and the presence of our beloved Bishop John, our Arabic Choir, led by Kh. Rouba, invites you to a Byzantine Night on Saturday, **May 6** at 6:00 pm. Immediately following, we will meet at the Parish Center for refreshments.

## Great Lent and Holy Pascha 2017 Easter Flowers (Holy Friday and Pascha)

Please make a donation to help decorate the Church for Holy Week and Easter.

For Good Health and Blessing of:

---

---

---

---

---

---

---

In Loving Memory of:

---

---

---

---

---

---

---

Your name:

Donation:

To all those who would like to contribute for the Easter Flowers; checks should be made out to St. Mary Orthodox Church and earmarked "Easter Flowers".

*All donations should be received by April 9th.*

