

CHURCH CALENDAR

Sunday, March 4th: Second Sunday of Lent (Gregory Palamas)
Tuesday, March 6th: 7:00 P.M.— Service of Great Compline at St. Mary Church
Wednesday, March 7th: 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church
Thursday, March 8th: 7:00 P.M.— Service of Great Compline at St. Mary Church
Friday, March 9th: 7:00 P.M.- Akathyst Hymn at St. Mary Church followed by
 Potluck Dinner at Parish Center hosted by the Ladies Society
Sunday, March 11th: Third Sunday of Lent (Holy Cross)
 Outreach Meeting during Coffee Hour
Tuesday, March 13th: 7:00 P.M.- Parish Council Meeting ****Cancelled****
 7:00 P.M.— Service of Great Compline at St. Mary Church
Wednesday, March 14th: 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church
Thursday, March 15th: 7:00 P.M.— Service of Great Compline at St. Mary Church
Friday, March 16th: 7:00 P.M.- Akathyst Hymn at St. Mary Church followed by
 Potluck Dinner at Parish Center hosted by the Ladies Society
Saturday, March 17th: 9:30am- Ladies Cooking-Grape leaves
Sunday, March 18th: Fourth Sunday of Lent (John Climacus)
 One Year Memorial Service for Georges Karam
 Outreach Committee 'Soup Kitchen' 12:00-12:30pm
Tuesday, March 20th: 7:00 P.M.— Service of Great Compline at St. Mary Church
Wednesday, March 21st: 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church
Thursday, March 22nd: 7:00 P.M.— Service of Great Compline at St. Mary Church
Friday, March 23rd: 7:00 P.M.- Akathyst Hymn at St. Mary Church followed by
 Potluck Dinner at Parish Center hosted by the Ladies Society
Sunday, March 25th: Annunciation for the Theotokos with Bishop JOHN presiding
 Antiochian Women Luncheon following Liturgy
 10 year Memorial Service for Leon Matook
Sunday, April 1st: Palm Sunday
Friday, April 6th: Church School Good Friday Retreat
Sunday, April 8, 2018: GREAT & HOLY PASCHA
Saturday, April 14th: 6:00 P.M.- Arabic Liturgy *(*please note date change*)*
Sunday, April 15, 2018: Second Sunday of Pascha (St. Thomas)
 One Year Memorial for Kay Matook
 Outreach Committee 'Soup Kitchen' 12:00-12:30pm
Sunday, April 22, 2018: Third Sunday of Pascha (Blind Man)



SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



Sunday, March 4, 2018

*Second Sunday of Lent and the Commemoration
 Of St. Gregory Palamas, ArchBishop of Thessalonica*

Saint Mary Antiochian Orthodox Church
“A parish of the Antiochian Orthodox Christian Archdiocese of North America”

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**His Eminence Metropolitan JOSEPH, Archbishop of New York
& Metropolitan of all North America**

**His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England**

V. Rev. Father Elie Estephan
Cell- 1-(240) 205-9079

Sub-Deacon Chadi Saad & Sub-Deacon Emad Amirhom

Schedule of Services

<i>Sunday: Orthros (Matins)</i>	<i>9:00 a.m.</i>
<i>Church School</i>	<i>11:15 a.m.</i>
<i>Sunday: Divine Liturgy</i>	<i>10:00 a.m.</i>

*Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve*

We welcome our Visitors & Guests: Please take a moment to fill out a Visitor Card.
We invite you to join us for coffee hour at the Parish Center following Liturgy.

Receiving Communion: Only those Orthodox Christians who have prepared themselves may approach the chalice for Holy Communion. Everyone is welcome to partake of the Holy Bread after the Liturgy.



Prayer Line

St. Mary ~ Internet Prayer Line
Prayer requests can be sent to us via the internet at
office@stmarypawtucket.org

All requests must be received by Wednesday noon to be included in that week's bulletin.
Any requests received after that time will be included in the following week's bulletin.

Orthodox Vocabulary

Ascesis

Ascesis: from the Greek askysis, “exercise.” It consists of a fight against the Evil One: thus, in fact, it is a battle against our passions in order to gain the freedom to accomplish God's will and share in our salvation. Man is composed of soul and body. The body must, through fasting, giving alms, vigils, prostrations, etc.- i.e., through ascesis– support the soul in its struggle.

It is necessary for a Christian to fast, in order to clear his mind, to rouse and develop his feelings, and to stimulate his will to useful activity. These three human capabilities we darken and stifle above all by ‘surfeiting, and drunkenness, and cares of this life’ (Lk. 21:34).

~ St. John of Kronstadt



THE SYNAXARION (Plain Reading)

On March 4 in the Holy Orthodox Church, we commemorate the Venerable Gerasimos of the Jordan; Gregory, bishop of Constantia in Cyprus; Martyrs Paul and Juliana of Palestine; and Daniel the wonderworker, prince of Moscow.

On this same day, the Second Sunday of the Fast, we make remembrance of our father among the saints, Gregory Palamas, archbishop of Thessalonica.

Verses

The Spring of Light now leadeth to light unwaning
The Light's own truly great and resplendent herald.

This divine father was born in Asia and was brought up from infancy in the royal palace of Constantinople. When he was of age, Gregory left the palace and gave himself to asceticism on Mount Athos. He eventually moved to Thessalonica to seek cure for the diseases he contracted because of his asceticism and piety. In 1349, he was elevated to the episcopacy, tending to his people in an Apostolic fashion for 13 years. He is glorified as an ascetic, a theologian, a hierarch and a miracle-worker, who forsook a prominent, secular lifestyle to take up his cross and follow Christ. The Most-Holy Theotokos, St. John the Theologian, St. Demetrius, St. Anthony the Great, St. John Chrysostom and angels of God appeared to him at different times.

Through his intercessions, O Lord Jesus Christ our God, have mercy upon us. Amen.



**PRAYERS ARE BEING OFFERED FOR
GOOD HEALTH AND BLESSING OF:**

Kevin Hashway
Mark Hashway
Offered by: Elaine Wilbur

Glen Maurice & Family
Offered by: Sandra Matook

Lauren Ghazal
Marie & George Ghazal
Offered by: Joyce Kilsey

Ed Ayoub
Offered by: Sue Ayoub

Fr. Elie & Family
Marilyn Sullivan & Family
Kathy Jackson & Family
Dr. Nabil Khoury & Family
Offered by: Ed & Sue Ayoub

Mary Gurghigian
Offered by: Paul & Maureen Gurghigian

Fred & Adele Shwaery
Nabil & Salwa Khoury
Mary Massiwer & Family
Julia Vale
Maria & Michael Matook
Offered by: Paul, Maureen & Mary Gurghigian

Arabic Liturgy

Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.

IN LOVING MEMORY OF:

Fred Hashway Jr.
Offered by: Elaine Wilbur

Charlie Agaty
Offered by: Elaine Agaty

Paul Maloof
Nicole Arruda
Offered by: Ed & Sue Ayoub

John Massiwer
Donald Hayes
Tom Andrew
Offered by: Paul, Maureen & Mary Gurghigian



Special Prayers of Good Health & Blessing are being offered for Mary Gurghigian on the occasion of her 18th Birthday.

Offered by:
Her Parents & Family



Coffee Hour

Coffee hour today is sponsored by Yacoub & Charlotte Mitri for the Health of their Family. Coffee hour will be held at the Parish Center following Liturgy.



***Second Sunday of Lent and the
Commemoration of St. Gregory Palamas***

Tone 6 / Eothinon 6

RESURRECTIONAL APOLYTIKION: Tone 6

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION FOR ST. GREGORY PALAMAS : Tone 8

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

TROPARION OF THE DORMITION: Tone 1

In giving birth, Thou didst keep Thy virginity and in thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercession from death Thou dost redeem our souls.

KONTAKION FOR THE ANNUNCIATION (AND GREAT LENT): Tone 8

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without bridegroom.



THE EPISTLE

*O Lord, Thou wilt preserve us and keep us from this generation.
Save me, O Lord, for the godly man hath disappeared.*

The Reading from the Epistle of St. Paul to the Hebrews. (1:10-2:3)

“In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.” Now, some of the scribes were sitting there, reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk’? But that you may know that the Son of Man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, “We never saw anything like this!”



GREAT LENT 2018

February 19th ~ April 8th (Holy Pascha)



What is Lent?

Prayer † Fasting † Acts of Mercy



Lent 2018 Diocese of Worcester and New England

Bishop JOHN and the clergy invite you to join us each Monday evening of the fast:

- ♦ Monday, March 5th- St. George, Boston , 6:30 pm
- ♦ Monday, March 12th– St. Michael, Cotuit, Cape Cod, 7:00 pm
- ♦ Monday, March 19th– St. Saint John of Damascus, Dedham, 7:00 pm
- ♦ Monday, March 26th– St. George Cathedral, Worcester, 6:30 pm

RI Orthodox Clergy Fellowship Services- Great Lent 2018

~Open to All~ - 5PM- Sunday Evenings

Sunday March 4 - St. Michael's - Woonsocket
74 Harris Ave / 401-762-3939

Preacher – Fr Elie Estephan - Pawtucket, RI

Sunday March 11 - St. Mary's – Pawtucket ****we are hosting****
249 High Street / 401-726-1202

Preacher – Fr David Kinghorn - Pawtucket, RI

Sunday March 18 - St. John's - Woonsocket, RI
501 East School Street / 401-766-3343

Preacher – Fr Demetrios Panteloukas - Norwich, CT

Sunday March 25 - St. Mary / Mena - Cranston (Hope, RI)
2433 Scituate Avenue / 401-864-7111

Preacher – Fr Samuel Hana - Boston, MA

In Addition

Annunciation Parish – Cranston Observes its Feast Day
175 Oaklawn Ave / 401-942-4188

Saturday, March 24 – Great Vespers – 6 PM