On June 28 in the Holy Orthodox Church, we commemorate the recovery of the precious relics of the holy and wonderworking Unmercenaries Cyrus and John.

Verses
The bones now appeared of the Unmercenary Martyrs
Gush forth mighty torrents of unmercenary marvels.

On the twenty-eighth appeared Cyrus with fellow contender John. Cyril, Patriarch of Alexandria, prayed fervently to God to destroy the idolatrous impurity in the town of Menuthis where a pagan temple was located and where the power of the demons ruled. An angel of God appeared to the patriarch and told him that Menuthis would be cleansed of its impurity if he translated the relics of Saints Cyrus and John from Canopus to that town. The patriarch did this immediately and built a church there in their honor. Ammonius, the son of Julian the mayor of Alexandria, was healed of scrofula; a Theodore was healed of blindness; the wife of Theodore from poisoning, a Eugenia of dropsy as well as many other people were healed of various diseases and torments by the relics of these saints. This all occurred in 412.

On this day, we also commemorate the holy martyr Papios; Paul the Physician of Corinth; Venerable Moses the anchorite; and Venerable Sergios and Herman, wonderworking abbots of Valaam.

By their intercessions, O Christ God, have mercy upon us. Amen.

Let us accomplish all the things that are pleasing to God, singing, prayer, reading, spiritual instruction, manual labor, and service of every kind, living in interior communion with God.

~St. Nilus of Sora
We welcome our Visitors & Guests: Please take a moment to fill out a Visitor Card. We invite you to join us for coffee hour at the Parish Center following Liturgy.

Receiving Communion: Only those Orthodox Christians who have prepared themselves may approach the chalice for Holy Communion. Everyone is welcome to partake of the Holy Bread after the Liturgy.

Saint Mary Antiochian Orthodox Church
"A parish of the Antiochian Orthodox Christian Archdiocese of North America"

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His Eminence Metropolitan JOSEPH, Archbishop of New York
& Metropolitan of all North America
His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England
V. Rev. Father Elie Estephan
Cell- 1-(240) 205-9079
Sub-Deacon Emad Amirhom
Sub-Deacon Elijah Vollendorf

Schedule of Services
Sunday: Orthros (Matins) 9:00 a.m.
Church School 11:15 a.m.
Sunday: Divine Liturgy 10:00 a.m.

Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve

Orthodox Vocabulary

Providence
Providence: refers to the activity of God directing all things in his wisdom, or God himself helping and protecting us. Divine providence preserves us from chance, a series of random events which submit us to blind fate.

Receiving and Giving

“The Rhythm of Life is to receive in Faith and to give in Love.”
~St. Evagrius

No act of kindness, no matter how small, is ever wasted.
Aesop
Arabic Liturgy
Arabic Liturgy will be resuming soon.

Heaven
The Christian concept of heaven is that of the dwelling place of God and the angels; ultimately, also, of all the righteous who will inherit it as promised by Christ. In the Old Testament as well as in the Greek language, the term heaven indicates the visible sky as well as the abode of God. This abode is believed to be beyond the physical heavens. And though there are many instances in which ‘God comes down from heaven’, there are also instances in the Old Testament in which it is stated that ‘the heaven and heavens of heavens cannot contain God’, 1 Kings 8:27. In the apostolic Church the Hellenistic conception of a series of heavens was accepted. There, it was believed, angelic and demonic powers were existing over whom Christ reigns with the Father ‘far above all heavens’ (Eph. 4:10). And contrary to the Hebrew belief that only exceptional human beings were raised to heaven for the faithful to die was to be with Christ in heaven even before the general resurrection. Virtually all Christians believe that heaven, irrespective of how it is conceived by various peoples and particular regions, constitutes essentially the fulfillment of what is believed by the to be the chief end of man, that is, to serve God and live in His presence forever.

On the Bulletin Website
The Bulletin is available online on our website at: http://stmarypawtucket.org

Cemetery Plots
If you wish to purchase a cemetery plot at Walnut Hill Cemetery, the cost is $1,000. Please contact Ed Ayoub for more information or to purchase a plot.

ONLINE BULLETIN
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Arabic Liturgy
Arabic Liturgy will be resuming soon.

One Year Memorial Service
A One Year Memorial Service is being offered for the servant of God Marie (Mary) David and is being offered by her son, Warren & Amal David & Family.

May God grant her peace and may her memory be eternal.

PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Kevin Hashway
Mark Hashway
Offered by: Elaine Wilbur

Victoria & Albert Hallal
Offered by: Ron Hallal

Josephine Karam
Offered by: Elie, Julia & Naji Karam

Fred & Adele Shwaery
Offered by: Joe & Marlene Samra

Fred & Adele Shwaery
Eli Kandalaft
Offered by: Lorice Hallal

Holly Lazieh & Family & Bob Dessaint
Cheryl & Anthony Nassaney & Family
Nancy & Dimetrius Sterpis & Family
Offered by: Elaine Swistak

Warren David & Family
Holly Lazieh & Family & Bob Dessaint
Cheryl & Anthony Nassaney & Family
Nancy & Dimetrius Sterpis & Family
Offered by: Nabil & Salwa Khoury

Holly Lazieh & Family & Bob Dessaint
Cheryl & Anthony Nassaney & Family
Nancy & Dimetrius Sterpis & Family
Offered by: Anita & John Chamoun & Family

IN LOVING MEMORY OF:

Janice Hallal
Offered by: Her Loving Husband Ron

Fred Hashway Jr.
Offered by: Elaine Wilbur

Georges Karam
Dani Karam
Offered by: Elie, Julia & Naji Karam

Wissam Greigre (3 year anniversary)
Mayez Nehme
Nicole Armathe
Offered by: Ricky & Roula Greigre

John & Esma Gorab
Joseph & Mary Samra

Joseph Samra
Offered by: Lorice Hallal

Paula Hallal
Offered by: Holly Lazieh & Sons & Bob Dessaint

Paula Hallal
Mary David
Offered by: Nabil & Salwa Khoury

Paula Hallal
Offered by: Anita & John Chamoun & Family

Paula Hallal
Offered by: Elaine Swistak

Nicholas Alexander
Offered by: Mary Gurghigian

Paula Hallal
Fred & Sophie Hallal
Offered by: Elaine Swistak
**Visitations**

Please contact Fr. Elie with any names of parishioners that are in need of visitation either at home, in hospital or nursing homes.

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**Third Sunday After Pentecost**

**Tone: 2  Eothenon: 3**

**RESURRECTION APOLOYTIKION: Tone 2**
When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

**TROPARION OF THE DORMITION: Tone 1**
In giving birth, Thou didst keep Thy virginity and in thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercession from death Thou dost redeem our souls.

**ORDINARY KONTAKION: Tone 2**
O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

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**THE EPISODE**

The Lord is my strength and my song. The Lord has chastened me sorely.

The Reading from the Epistle of St. Paul to the Romans. (5:1-10)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life.

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**THE GOSPEL**

The Reading from the Holy Gospel according to St. Matthew. (6:22-33)

The Lord said, “The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well.”