

CHURCH CALENDAR

Sunday, April 11th: Fourth Sunday of Lent

6:30P.M.– Lenten Vespers held at St. George, West Roxbury

Tuesday, April 13th: 6:00 P.M.- Service of the Great Compline *****Note time change*****

Wednesday, April 14th: 7:00 P.M.- Liturgy of the Pre-sanctified Gifts

Thursday, April 15th: 7:00 P.M.-Service of the Great Compline

Friday, April 16th: 7:00 P.M.- Service of the Akathyst Hymn or Madeeh

Sunday, April 18th: Fifth Sunday of Lent

6:30 P.M.– Lenten Vespers held at St. George Cathedral, Worcester

Tuesday, April 20th: 7:00 P.M.- Service of the Great Compline

Wednesday, April 21st: 7:00 P.M.- Liturgy of the Pre-sanctified Gifts

Thursday, April 22nd: 7:00 P.M.-Service of the Great Compline

Friday, April 23rd: 7:00 P.M.- Service of the Akathyst Hymn or Madeeh

Saturday, April 24th: Lazarus Saturday

10:00 A.M. Divine Liturgy

9:00-12pm Church School Lenten Retreat

Sunday, April 25th: Palm Sunday

8:50 A.M.– Orthros

10:00 A.M.– Divine Liturgy and Procession with Palms

6:30 P.M.– Bridegroom Service

Monday, April 26th: Great and Holy Monday

7:00P.M.– Bridegroom Service

Tuesday, April 27th: Great and Holy Tuesday

7:00 P.M.– Bridegroom Service

Wednesday, April 28th: Great and Holy Wednesday

7:00 P.M.– Sacrament of Holy Unction

Thursday, April 29th: Great and Holy Thursday

10:00 A.M.– Divine Liturgy

7:00 P.M.– Service of the Twelve Passion Gospels

Friday, April 30th: Great and Holy Friday

10:00 A.M.– Royal Hours

11:00 A.M.– Great Vespers of the Taking Down of the Cross

6:30 P.M.– Service of the Lamentations and Procession

Saturday, May 1st: Great and Holy Saturday

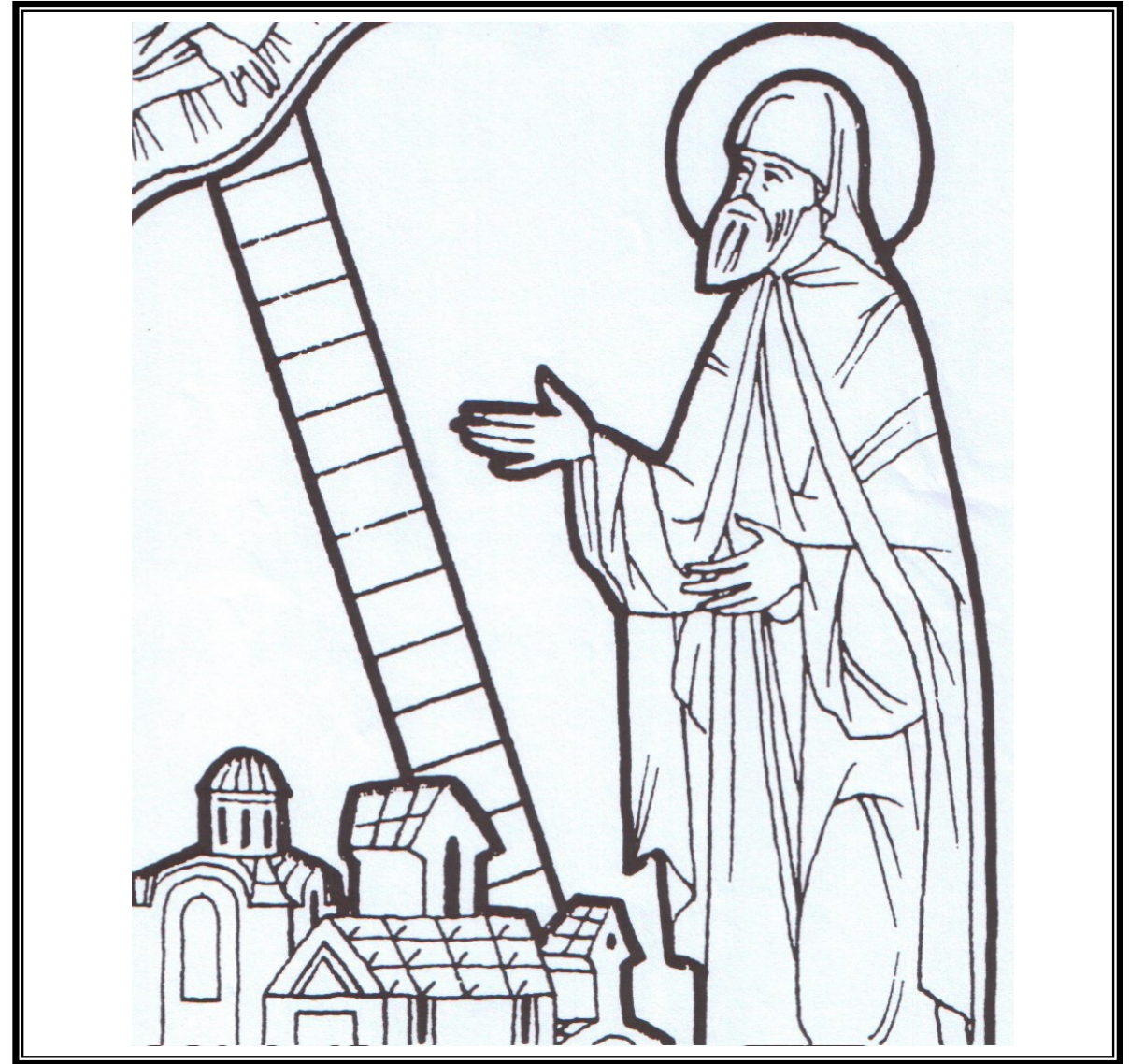
10:00 A.M.– Divine Liturgy

11:00 P.M.– Rush Service

Sunday, May 2nd: GREAT & HOLY PASCHA



SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



Sunday, April 11, 2021

Fourth Sunday of Lent:

The Commemoration of St. John of the Ladder

Saint Mary Antiochian Orthodox Church
"A parish of the Antiochian Orthodox Christian Archdiocese of North America"

Church Office hours: Monday– Friday 9am-1pm
249 High Street, Pawtucket, RI 02860
Phone (401) 726-1202 Fax: (401) 729-1203
Parish Center Phone (401) 725-5150
Web site: <http://stmarypawtucket.org>
Email: office@stmarypawtucket.org

**His Eminence Metropolitan JOSEPH, Archbishop of New York
& Metropolitan of all North America**

**His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England**

V. Rev. Father Elie Estephan
Cell- 1-(240) 205-9079

Sub-Deacon Emad Amirhom
Sub-Deacon Elijah Vollendorf

Schedule of Services

<i>Sunday: Orthros (Matins)</i>	<i>9:00 a.m.</i>
<i>Church School</i>	<i>11:15 a.m.</i>
<i>Sunday: Divine Liturgy</i>	<i>10:00 a.m.</i>

*Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve*

We welcome our Visitors & Guests: Please take a moment to fill out a Visitor Card.

Receiving Communion: Only those Orthodox Christians who have prepared themselves may approach the chalice for Holy Communion. Everyone is welcome to partake of the Holy Bread after the Liturgy.



Prayer Line

St. Mary ~ Internet Prayer Line
Prayer requests can be sent to us via the internet at
office@stmarypawtucket.org

All requests must be received by Wednesday noon to be included in that week's bulletin.
Any requests received after that time will be included in the following week's bulletin.

Orthodox Vocabulary

Resurrection

RESURRECTION: The reunion of the soul and body after death which will revitalize and transform the physical body into a spiritual body. Jesus Himself is the firstfruits of perfect resurrection; He will never again be subject to death. Because He conquered death by His Resurrection, all will rise again: the righteous to life with Christ, the wicked to judgment. See John 5:28, 29; 1 Cor. 15:35-55.

God has surrounded the tongue with a double wall– with the barrier of the teeth and fence of the lips– in order that it may not easily and heedlessly utter words it should not speak.

~St. John Chrysostom



AEF Scholarship

Scholarship applications are now available. Eligibility information & applications may be found on their website at aef-ri.org. The application deadline is June 1st.

You may also contact AEF board member: Fadia Khoury Kabak @ (401)692-8273

- Save the Date for the Parish Life Conference on June 4 & 5 to be held at the Cathedral
- Our Lenten Recipe resource tab is on our Church Website. If anyone has recipes that they would like to share, you can send them to Cindy Hayes (hayescindylee@gmail.com) or to the church office: (office@stmarypawtucket.org)

Ladies Society News

Christ is in our Midst!

We have just completed our second week of Great Lent; Ladies Month is over and we are continuing our journey to Renew Our Relationship with God. Every day we are given another chance to do better; to do more; to bring ourselves to the table and to be present in the life of the church. This past week we celebrated the Feast of the Annunciation of the Theotokos and for the Antiochian Women/Ladies Society of St. Mary Church, this Sunday was to be our Annual fish dinner fundraiser for the NAB Project, “Fulfilling the Vision, Building a Cathedral at the Antiochian Village.” Every year at this fish dinner we offer a beautiful meal to the Parish and all of the proceeds go towards our project. As you know, for the past two years we were unable to have our fish dinner and celebrate Antiochian Women's Month as we normally would. Now that many of us are getting vaccinated and feeling more confident about getting out into the community again, let us not forget about our return to the church. God may be with us in all we do but it's time for us to be with God in church especially during this beautiful time of Great Lent. All of the services are still being held and it is greatly encouraged that we celebrate these beautiful services together. Metropolitan JOSEPH has asked the Antiochian Women to start the return to normalcy in our lives and bring our families back to church. Great Lent is the perfect time to renew our relationship with God and the Church. And to remember “**Observance of Great Lent is characterized by fasting, intensified private and public prayer, self-examination, confession, personal improvement, repentance and almsgiving.**”

Our Annual Lenten Retreat was held this past Saturday March 27th, 2021. Dr. Gregory Abdalah, Pastoral Assistant at St. George Orthodox Church in Phoenix, AZ, was the Retreat Speaker and offered a beautiful reflection on our invitation to be present in the Liturgy. I would like to invite everyone to a viewing of the retreat on the big screen at the Parish Center and a discussion on the topic in the next few weeks. We also have had some interest in a Spring Food Fair from friends of St. Mary's who have enjoyed our delicious foods and await the time to purchase them again. We will continue to practice all safety protocols such as social distancing, using gloves for food preparation and masks will be required at all times during the retreat and for the future food fair. We hope you all will consider helping with the food fair as we donate the profits of this fundraiser to our project.

And Lastly, our Ladies are still supporting the education of Lorda in Palestine. We have been blessed with donations toward providing her education until she graduates from High School and will also utilize funds from the food fair towards her education.

I pray that I see you all as we begin to return to church, to pray for each other with a smile and the Love of Jesus in our hearts.

In His Service, Your Sister in Christ, Cindy Hayes



Fourth Sunday of Great Lent

Tone: 3 Eothinon: 11

RESURRECTION APOLYTIKION: Tone 3

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. JOHN CLIMACUS: TONE 8

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.

TROPARION OF THE DORMITION: Tone 1

In giving birth, Thou didst keep Thy virginity and in thy repose, Thou didst not forsake the world, O Theotokos, for Thou art the mother of life, and Thou didst pass over into life; and through thy intercession from death Thou dost redeem our souls.

KONTAKION FOR SUNDAYS IN GREAT LENT (AND AKATHIST SATURDAY): Tone 8

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without bridegroom.



THE EPISTLE

The Lord will give strength to His people. Bring unto the Lord, ye sons of God, bring unto the Lord glory and honor. The Reading from the Epistle of St. Paul to the Hebrews. (6:13-20) Brethren, when God made a promise to Abraham, since He could swear by no one greater, He swore by Himself, saying, “Surely blessing I will bless thee, and multiplying I will multiply thee.” And thus, having patiently endured, he obtained the promise. For people indeed swear by April 11, 2021 Liturgy Variables 2 Fourth Sunday of Lent what is greater, and in every dispute of theirs the oath is final for confirmation. So when God, being minded to show more abundantly to the heirs of the promise the immutability of His counsel, He interposed it with an oath, that by two immutable things—in which it is impossible for God to lie—we might have a strong consolation, we, who have fled for refuge to lay hold of the hope that is set before us; a hope, which we have as an anchor of the soul, both sure and steadfast, and entering into “that which is within the veil,” where Jesus entered as a Forerunner on our behalf, having become a High Priest “forever according to the order of Melchizedek.”

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (9:17-31) At that time, a man came to Jesus, kneeling down and saying unto him, “Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able.” And Jesus answered them, “O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me.” And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, “How long has he had this?” And he said, “From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us.” And Jesus said to him, “If you can believe, all things are possible to him who believes.” Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You dumb and deaf spirit, I command you, come out of him, and never enter him again.” And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, “Why could we not cast it out?” And Jesus said to them, “This kind cannot be driven out by anything but prayer and fasting.” They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, “The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day.”

THE SYNAXARION (Plain Reading)

On April 11 in the Holy Orthodox Church, we commemorate the Hieromartyr Antypas, bishop of Pergamum; Righteous Mothers Tryphaina and Matrona of Cyzicus. On this same day, the Fourth Sunday of Great Lent, we make remembrance of our godly father, John, the author of The Ladder of Divine Ascent (or Climacus). Verses John, dead in the flesh and also living, Liveth eternally, even though appearing dead and without breath. Leaving letters, a ladder for the journey upwards, He showeth forth his pursuit of the journey upwards. The celebration of his feast on this day arose from the custom prevalent in the honorable monasteries of starting Great Lent with the reading of his lessons. John describes the method of elevating the soul to God as ascending a ladder. He teaches those who seek salvation how to lay a firm foundation for struggles, how to detect and fight every passion, how to avoid demonic snares, and how to rise from the rudimental virtues to the heights of Godlike love and humility. John of the Ladder came to Mount Sinai at age 16 and remained there, first as a novice under obedience, then as a recluse, and finally as abbot until his eightieth year. One time, his disciple, Moses, fell asleep under the shade of a large stone. John, in prayer in his cell, saw that his disciple was in danger and prayed to God for him. Later, when Moses returned, he fell on his knees and gave thanks to his spiritual father for saving him from certain death. He related how, in a dream, he heard John calling him and he jumped up and, at that moment, the stone tumbled. Had he not jumped, the stone would have crushed him. John Climacus died on March 30, 606. Through his intercessions, O Christ God, have mercy upon us. Amen.

Arabic Liturgy

Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.

Please support this fundraiser for the Church during Great Lent

**Zaatar on Saj (Zaatar Pie) Sale
TODAY after Liturgy**

**Zaatar on Saj (Zaatar Pie) \$4.00
Zaatar on Saj (Zaatar Pie) including drink \$5.00**

St. Mary Antiochian Orthodox Church, Pawtucket

Schedule of Services: Great Lent 2021

Great Lent begins on March 15th

The Service of Great Compline (Diocese) will be held on Monday evenings at 6:00 pm.

The Service of Great Compline (St. Mary Church) will be held on Tuesday evenings at 7:00 pm.

Thursday Evenings (in Arabic) at 7:00pm

The Liturgy of the Pre-sanctified Gifts will be held on Wednesday evenings at 7:00 pm. Those wishing to partake of Holy Communion ought to be fasting from 12:00 noon on.

The service of the Akathyst Hymn or Madeeh (The Salutations to the Virgin Mary) will be held on the first five Friday evenings of Great Lent at 7:00 pm.

**The service of Lenten Vespers will be held on the following Sunday evenings at the following churches at 7:00 pm:

~April 11th: St. George, West Roxbury (6:30pm.)

~April 18th: St. George Cathedral, Worcester (6:30pm.)

***These Vespers are held and organized by the Rhode Island Orthodox Clergy Fellowship*

The Divine Liturgy on Lazarus Saturday, April 24th, will be celebrated at 9 a.m.

Palm Sunday is on April 25th.

Holy Week starts on Sunday evening April 25th with the Bridegroom Service at 7:00 p.m.

Great and Holy Week: Monday, April 26nd - Saturday, May 1st

Great and Holy PASCHA (Easter) is May 2nd

May the Living God, the Fountain of Wisdom, enlighten our minds, strengthen our bodies, and nourish our souls in the blessing of this holy season, the Lenten Spring.

PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Kevin Hashway

Mark Hashway

Offered by: Elaine Wilbur

Victoria Hallal

Offered by: Ron Hallal



Josephine Karam

Ed Betor

Offered by: Elie, Julia & Naji Karam

Ron Hallal

Offered by: Rhonda Hallal, Bob Lienert, Hanna & Emma, Sharyn Hallal, Keith & Maria Hallal, Isabel & Matthew

Sam Matook & Family

Fouad, Houida & Nicholas ElKhaouli

Offered by: Nora Abdelahad

Elaine Agaty

Sandra Matook

Lisa Ayoub Parent (Happy Birthday)

Offered by: Ed Ayoub

IN LOVING MEMORY OF:

Janice Hallal

Offered by: Her Loving Husband Ron

Al Hallal

Offered by: Ron Hallal

Albert Hallal

Offered by: Rhonda, Keith & Sharyn Hallal & Family

Janice Hallal

Offered by: Rhonda Hallal, Bob Lienert, Hanna & Emma, Sharyn Hallal, Keith & Maria Hallal, Isabel & Matthew

Georges Karam

Elaine Swistak

Offered by: Elie, Julia & Naji Karam

Mary Agaty

Offered by: Elaine Agaty

Kay Matook

Joseph ElKhaouli

Offered by: Nora Abdelahad

Elaine Agaty

Charles & Victoria Daghir

George Matook

Kay Matook

Joseph ElKhaouli

Offered by: Sandra Matook & Family

Leon T. Matook

The Deceased Members of the Toofick & Elizabeth Matook Family

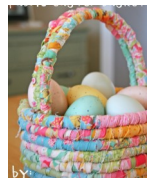
Susan Ayoub

Elaine Swistak

Offered by: Nora Matook & Family

The Ladies will be making some wonderful foods for your Easter table.

Sfeeha	36.00/Dozen
Walnut Mamoul	24.00/Dozen
Pistachio Mamoul	30.00/Dozen
Date Ugwee	30.00/Dozen



Advance orders only! No orders will be taken after April 18, 2021

Please call or text Cindy Hayes 401-480-4306 or call the Church Office 401-726-1202 and leave a message.

GREAT LENT 2021

March 15th ~ May 2nd (Holy Pascha)



What is Lent?

Prayer ✝ Fasting ✝ Acts of Mercy



Food For Hungry People Collection (F.F.H.P.)

“When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He Himself who is fed. For through that which appears to be not Christ, yet in that person’s form, it is Christ Himself who receives and begs.”

~St. John Chrysostom

During the Holy Season of Lent, we collect alms to feed the hungry, as an act of Christian Mercy. Food for Hungry People collection boxes are available in the Vestibule & Church Hall. Take one home, fill it with coins during Lent and return it at Holy Pasha (Easter). Donations will also be accepted. To: St. Mary Orthodox Church earmarked “F.F.H.P.”

May we be generous to reach out to those who hunger and who are in need.
This “reaching out” and caring will help us to witness the resurrection.

Great Lent and Holy Pascha 2021 Easter Flowers (Holy Friday and Pascha)

Please make a donation to help decorate the Church for Holy Week and Easter.

For Good Health and Blessing of:

In Loving Memory of:

Your name:

Donation:

To all those who would like to contribute for the Easter Flowers; checks should be made out to St. Mary Orthodox Church and earmarked “Easter Flowers”.

All donations should be received by April 25th.

