**Sunday, December 5th:** Tenth Sunday of Luke

**Wednesday, December 8th:** Ladies Christmas Dinner (*please note date change*)

**Sunday, December 12th:** Forefathers (Ancestors) of Christ  
Choir Appreciation Sunday

**Tuesday, December 14th:** 7:00pm – Parish Council Meeting

**Sunday, December 19th:** Sunday before the Nativity (Genealogy)  
Sunday School Pageant & Luncheon  
Bishop JOHN visit  
One Year Memorial Service for Sue Ayoub

**Friday, December 24th:** 5:00 P.M. – Christmas Eve Liturgy

**Sunday, December 26th:** Sunday After the Nativity  
One Year Memorial for Elaine Swistak  
Coffee Hour Sponsored by the Choir in memory of All Departed  
St. Mary Church Choir Members

**Sunday, January 2nd:** Sunday before Theophany (Epiphany)

**Sunday, January 9th:** Sunday after Theophany (Epiphany)  
One Year Memorial Service for Elias Kandalaft

**Tuesday, January 11th:** 7:00pm – Parish Council Meeting

**Sunday, January 16th:** Twenty-Ninth Sunday after Pentecost

**Sunday, January 23rd:** Thirty-First Sunday after Pentecost

**Sunday, January 30th:** General Assembly Meeting at the Parish Center

**Sunday, February 6th:** Seventeenth Sunday after Pentecost

**Tuesday, February 8th:** 7:00pm – Parish Council Meeting

**Saturday, February 12th:** 6:00 P.M. – Arabic Liturgy  
Valentines Hafleh

Those things we don’t have the strength to perform on our own, we can accomplish easily through persevering prayer. For we have the duty to pray without ceasing. Those in pain and those spared from pain must pray. So must those in danger and those in prosperity. For those who have ease and wealth must pray that these things may never change. Those in pain and in danger must pray that some favorable change will come to them, so that they may move into a comfortable, calm state.

~ Saint John Chrysostom
Saint Mary Antiochian Orthodox Church
“A parish of the Antiochian Orthodox Christian Archdiocese of North America”

Church Office hours: Monday– Friday 9am-1pm
249 High Street, Pawtucket, RI 02860
Phone (401) 726-1202 Fax: (401) 729-1203
Parish Center Phone (401) 725-5150
Web site: http://stmarypawtucket.org
Email: office@stmarypawtucket.org

His Eminence Metropolitan JOSEPH, Archbishop of New York
& Metropolitan of all North America
His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England
V. Rev. Father Elie Estephan
Cell- 1-(240) 205-9079
Sub-Deacon Emad Amirhom

Schedule of Services
Sunday: Orthros (Matins) 9:00 a.m.
Church School 11:15 a.m.
Sunday: Divine Liturgy 10:00 a.m.

Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve

We welcome our Visitors & Guests: Please take a moment to fill out a Visitor Card.

Receiving Communion: Only those Orthodox Christians who have prepared themselves may approach the chalice for Holy Communion. Everyone is welcome to partake of the Holy Bread after the Liturgy.

Prayer Line
St. Mary – Internet Prayer Line
Prayer requests can be sent to us via the internet at
office@stmarypawtucket.org

All requests must be received by Wednesday noon to be included in that week’s bulletin.
Any requests received after that time will be included in the following week’s bulletin.

Coffee Hour Committee: Latifa Alarmani- (781)414-6281
(please contact her to sponsor a coffee hour.)
The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate $200 to the church so that a Parish Council member will handle the coffee hour on your behalf.

Coffee Hour Sponsorships

Date: Sponsored by: Sponsored for:
December 5, 2021: Falafel Sale following Liturgy at Parish Center
December 12, 2021: St. Mary Church Choir Appreciation
December 19, 2021: St. Mary Church Sunday School Pageant & Luncheon
Memoryle of Sue Ayoub (1 year)
December 26, 2021: St. Mary Church Choir All of the Departed Members of
St. Mary Choir
January 2, 2022: Ricky, Roula, Randy & Rani Greigre Health of Family
January 9, 2022: Russell & John Kandalaf Memory of Elias Kandalaf (1 year)
January 16, 2022: Fred Kilsey & Family Michelle Kilsey (11 years)
January 23, 2022: Her Loving Family Antwanet Kasatli Baalbaki (1 year)
January 30, 2022: not available General Assembly Meeting
February 6th: available for sponsorship
February 13th: not available Soup Kitchen Luncheon (Outreach)
February 20th: available for sponsorship
February 27th: available for sponsorship

CHOIR APPRECIATION SUNDAY
On December 12th, the second Sunday of the month, our Antiochian Archdiocese is celebrating Choir/Chanter Appreciation Sunday. We appreciate our choir and chanters many other times throughout the year, for all the liturgical services they beautify and make possible with their singing and chanting. That Sunday we will especially acknowledge them particularly throughout the Archdiocese, and thank them for their ministry in the parish. Coffee Hour is offered after Liturgy at the Parish Center in their honor. All are welcome to attend.
**Attention All Parents:** Please bring your children to the Liturgy before Church School. Church School starts every Sunday following communion (Approx. 11:15am).

**Sunday, December 19th:** Sunday School Pageant & Luncheon
Bishop JOHN visit

-On Sunday, December 5, we will be learning about St. Barbara and even cooking Koliva in the kitchen after play practice!

-Gifts for Children's Wishes need to be dropped off by Sunday, December 12. Please bring them unwrapped. If you are unable to buy a gift, we appreciate any donations and are happy to purchase for you. The Sunday School children appreciate your help as we give to others this year! Please contact Matt Duncan with any questions.

**Teen SOYO Movie and Christmas Cookie Night!**
Saturday, December 11th from 6:00-8:00pm

Join us in St. Mary's Parish Hall for a fun evening of decorating cookies, drinking hot cocoa, and watching a surprise Christmas movie. All Teen SOYO students in grades 7-12 invited. Please text Peyton at (405)-219-1092 with any questions.

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**Bulleted News**

- Bulletins are available on our website. Other important information, flyers, recipes, etc. can also be found on our website at www.stmarypawtucket.org

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**Feast of God-bearing Father Sabbas the Sanctified**

**Tone: 7 Eothinon: 2**

**RESURRECTIONAL APOLYTIKION: TONE 7**
Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

**APOLYTIKION OF ST. SABBAS THE SANCTIFIED: TONE 8**
The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father Sabbas, intercede with Christ God to save our souls.

**APOLYTIKION OF THE DORMITION: TONE 1**
In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

**KONTAKION OF PREPARATION OF CHRIST'S NATIVITY: TONE 3**
(*The original melody**) (CHANT) (CHORAL) On this day the Virgin cometh to the cave to give birth to * God the Word ineffably, * Who was before all the ages. * Dance for joy, O earth, on hearing * the gladsome tidings; * with the Angels and the shepherds now glorify Him * Who is willing to be gazed on * as a young Child Who * before the ages is God.

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**Arabic Liturgy**
Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.
THE EPISTLE

The saints shall boast in glory. Sing unto the Lord a new song.

The Reading from the Epistle of St. Paul to the Galatians. (5:22-6:2)

Brethren, the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faith, meekness, self-control: against such there is no law. And those who belong to Christ have crucified the flesh with the passions and the lusts. If we live in the Spirit, let us also walk in the Spirit. Let us not become vainglorious, provoking one another, envying one another. Brethren, if a person is overtaken in any trespass, you who are spiritual should restore such a one in a spirit of meekness; December 05, 2021 Liturgy Variables 2 Sabbas the Sanctified looking to yourself, lest you also be tempted. Bear one another’s burdens, and so fulfill the law of Christ.

THE GOSPEL

The Reading from the Holy Gospel according to St. Luke. (13:10-17)

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, He called her and said to her, “Woman, you are freed from your infirmity.” And He laid His hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, “There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day.” Then the Lord answered him, “You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham, whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?” As Jesus said this, all His adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by Him.

Christ is Born, Glorify Him!

Once again the holiday season is upon us, and, once again, it is time to start thinking about sending Christmas cards to those with whom we worship and love. Every year the choir sponsors a card which is sent to every family in our parish—sending your best wishes for a happy and blessed Christmas and New Year.

This letter is to ensure that all parish members are approached and have an opportunity to participate in the Christmas card being prepared—we do not wish to overlook anyone!

Below is a form, which you may complete and submit—either in person or by mail—containing your family name and your holiday greetings. Your holiday wishes will be sent to all parishioners. This is a wonderful way to be remembered by our community during this busy season—it is also an inexpensive and easy way to have your card sent to all your friends and relatives. All proceeds go into the choir fund, which is our only source of revenue to continue to upgrade our supplies and continue to provide you with meaningful liturgical music.

In order to be listed in this year’s card, your response must be received no later than Sunday, December 7th. If there are any questions, or if you wish to give your response and donation in person, please contact the church office.

Thank you for helping us in this endeavor. All of us in the choir sincerely appreciate your continued support and look forward to serving you in the coming year.

Sincerely,

The St. Mary Liturgical Choir

FAMILY NAME(S)............................................................

AMOUNT OF DONATION: ..........................................

Please Remember—LAST DATE TO SUBMIT INFORMATION AND DONATION IS TODAY!

By mail, send to: St. Mary Orthodox Church, Choir Christmas Card Fund, 249 High Street, Pawtucket, RI 02860.
In anticipation of Christmas, we present our very important "Poinsettia Fund" Project

Please accept my donation of $____ to be used in decorating the Church for Christmas. This donation is made with the following intentions.

For the Good Health and Blessing of: | In Loving Memory of:
---|---

From: ___________________________________________________________________

Please remember to return the form to the Parish Office by Sunday, Dec. 12th

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**PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Offered by</th>
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<tbody>
<tr>
<td>Kevin Hashway</td>
<td>Elaine Wilbur</td>
</tr>
<tr>
<td>Mark Hashway</td>
<td>Elaine Wilbur</td>
</tr>
<tr>
<td>Victoria Hallal</td>
<td>Ron Hallal</td>
</tr>
<tr>
<td>Josephine Karam</td>
<td>Elie, Julia &amp; Najla Karam</td>
</tr>
<tr>
<td>Ed Betor</td>
<td>Elie, Julia &amp; Najla Karam</td>
</tr>
<tr>
<td>Faraj Freij</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Tony &amp; Fadia Kabak</td>
<td>Nabil &amp; Salwa Khoury</td>
</tr>
<tr>
<td>Saliba, Robin, Bianca, Michelle Saliba</td>
<td>Nabil &amp; Salwa Khoury</td>
</tr>
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<td>Tony and Fadia Kabak</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Mack and Louise Megalli</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Mother Xenia Minihan</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Ronald Muller</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Elmer and Cheryl Stanley &amp; Family</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Madison Tucker</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Philip &amp; Bette Ayoub</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Philip G. Ayoub</td>
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<td>Max Trabulsi</td>
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<tr>
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<tr>
<td>Bette Ayoub</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Victoria Hallal &amp; Family</td>
<td>Nabil &amp; Salwa Khoury</td>
</tr>
<tr>
<td>Russell &amp; Joanne Kandalaft &amp; Family</td>
<td>Nabil &amp; Salwa Khoury</td>
</tr>
<tr>
<td>John Kandalaft &amp; Tony Sousa</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Victoria Hallal &amp; Family</td>
<td>Nabil &amp; Salwa Khoury</td>
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<tr>
<td>Russell &amp; Joanne Kandalaft &amp; Family</td>
<td>Nabil &amp; Salwa Khoury</td>
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**IN LOVING MEMORY OF:**

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<tr>
<th>Name</th>
<th>Offered by</th>
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</thead>
<tbody>
<tr>
<td>Janice Hallal</td>
<td>Her Loving Husband Ron</td>
</tr>
<tr>
<td>Fred Hashway</td>
<td>Ron Hallal</td>
</tr>
<tr>
<td>William Salhany</td>
<td>Elaine Wilbur</td>
</tr>
<tr>
<td>Al Hallal</td>
<td>Ron Hallal</td>
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<tr>
<td>Albert Hallal</td>
<td>Albert Hallal</td>
</tr>
<tr>
<td>Albert Hallal</td>
<td>Rhonda, Keith &amp; Sharyn Hallal &amp; Family</td>
</tr>
<tr>
<td>Janice Hallal</td>
<td>Rhonda, Keith &amp; Sharyn Hallal &amp; Family</td>
</tr>
<tr>
<td>Janice Hallal</td>
<td>Rhonda, Keith &amp; Sharyn Hallal &amp; Family</td>
</tr>
<tr>
<td>Albert Hallal</td>
<td>Elias Kandalaft</td>
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<tr>
<td>Albert Hallal</td>
<td>Barbara Samra</td>
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<td>Albert Hallal</td>
<td>Barbara Samra</td>
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</tbody>
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**Bulletin Submissions**

Please help us provide a quality weekly bulletin by submitting all prayer requests and announcements to the church office by Noon on Wednesdays. Any requests received after this time will be in the following week’s bulletin. Thank you for your cooperation.
Cemetery Plots

If you wish to purchase a cemetery plot at Walnut Hill Cemetery, the cost is $1,000. Please contact Ed Ayoub for more information or to purchase a plot.

The Synaxarion (Plain Reading)

On December 5 in the Holy Orthodox Church, we commemorate our righteous Father Sabbas the Sanctified. Verses Since he clave after God in soul all his lifetime, Sabbas in His presence now standeth before Him. On the fifth, Sabbas was led up within the divine vault. Sabbas was born in 439 in Moutalaska, a small village of Cappadocia. He entered the arena of the monastic life at the age of eight and was under that master trainer of monastics and teacher of the desert, Euthymius the Great. Sabbas became the spiritual father of many monks and an 22 instructor for the monasteries in Palestine, and was appointed archimandrite of the desert-dwellers there by the Patriarch of Jerusalem. In his old age, he went to Constantinople, to the Emperors Anastasius and Saint Justinian the Great, in behalf of the Orthodox Faith and the dogmas of the Council of Chalcedon. Sabbas reposed in 533 at age 94. Among all his good works, his greatest was the first Order of Services for use in monasteries, now known as the Jerusalem Typikon. On this day, we also commemorate the Martyr Diogenes; Venerable Nektarios of Yagaris Kelli and Philotheos of Karyes on Athos; Gurios, missionary bishop of Kazan; and Venerable Nektarios of Bitol in Bulgaria.

By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

Christmas Liturgy

Christmas Liturgy this year will be on Friday, December 24th at 5:00 P.M.

St. Mary Ladies Society Annual Holiday Gathering

The Old Grist Mill Tavern 390 Fall River Ave Seekonk

Wednesday December 8th at 6:30 PM $50.00 per Person/
Cash Bar Available Dinner Choices Baked Stuffed Shrimp Baked Boston Scrod Grilled Norwegian Salmon
Includes Salad Bar, Dessert & Coffee A Yankee Swap
will be held so bring a $10.00 Gift to participate Please confirm with Cindy Hayes by 12/5

TODAY, Sunday December 5th, following Liturgy, we are selling falafel sandwiches and fries for $5 and we are also selling falafel (dozen) for $10.

In honor or St Barbara day, we are giving free sweet قمح و عويمات

Visitation

Please contact Fr. Elie with any names of parishioners that are in need of visitation either at home, in hospital or nursing homes.

Online Bulletin

The Bulletin is available online on our website at:
http://stmarypawtucket.org