

## CHURCH CALENDAR

**Sunday, March 13th:** Sunday of Orthodoxy– First Sunday of Lent

Extra Collection for Theological education for Seminarians

Daylight Savings Time

5:00 P.M.– St. Mary Church Hosting R.I Clergy Fellowship (Vespers & Refreshments)

**Tuesday, March 15th:** : 7:00 P.M.– Service of Great Compline at St. Mary Church

**Wednesday, March 16th:** 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

**Thursday, March 17th:** 7:00 P.M.– Service of Great Compline at St. Mary (in Arabic)

**Friday, March 18th:** 7:00 P.M.- Akathyst Hymn at St. Mary Church

**Sunday, March 20th:** Gregory Palamas– Second Sunday of Lent

**Tuesday, March 22nd:** : 7:00 P.M.– Service of Great Compline at St. Mary Church

**Wednesday, March 23rd:** 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

**Thursday, March 24th:** 7:00 P.M.– Service of Great Compline at St. Mary (in Arabic)

**Friday, March 25th:** 9:00 A.M.- Liturgy for the Annunciation of the Theotokos

7:00 P.M.- Akathyst Hymn at St. Mary Church

**Sunday, March 27th:** Holy Cross– Third Sunday of Lent

Memorial Service for Alan Matook (40 day)

**Tuesday, March 29th:** 7:00 P.M.– Service of Great Compline at St. Mary Church

**Wednesday, March 30th:** 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

**Thursday, March 31st:** 7:00 P.M.– Service of Great Compline at St. Mary (in Arabic)

**Friday, April 1st:** 7:00 P.M.- Akathyst Hymn at St. Mary Church

**Saturday, April 2nd:** 6:00 P.M.– Arabic Liturgy

**Sunday, April 3rd:** John Climacus– Fourth Sunday of Lent

**Tuesday, April 5th:** : 7:00 P.M.– Service of Great Compline at St. Mary Church

**Wednesday, April 6th:** 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

**Thursday, April 7th:** 7:00 P.M.– Service of Great Compline at St. Mary (in Arabic)

**Friday, April 8th:** 7:00 P.M.- Akathyst Hymn at St. Mary Church

**Sunday, April 10th:** Mary of Egypt– Fifth Sunday of Lent

Memorial Service for Ruth Salhany (12 years)

Memorial Service for William Salhany (6 months)

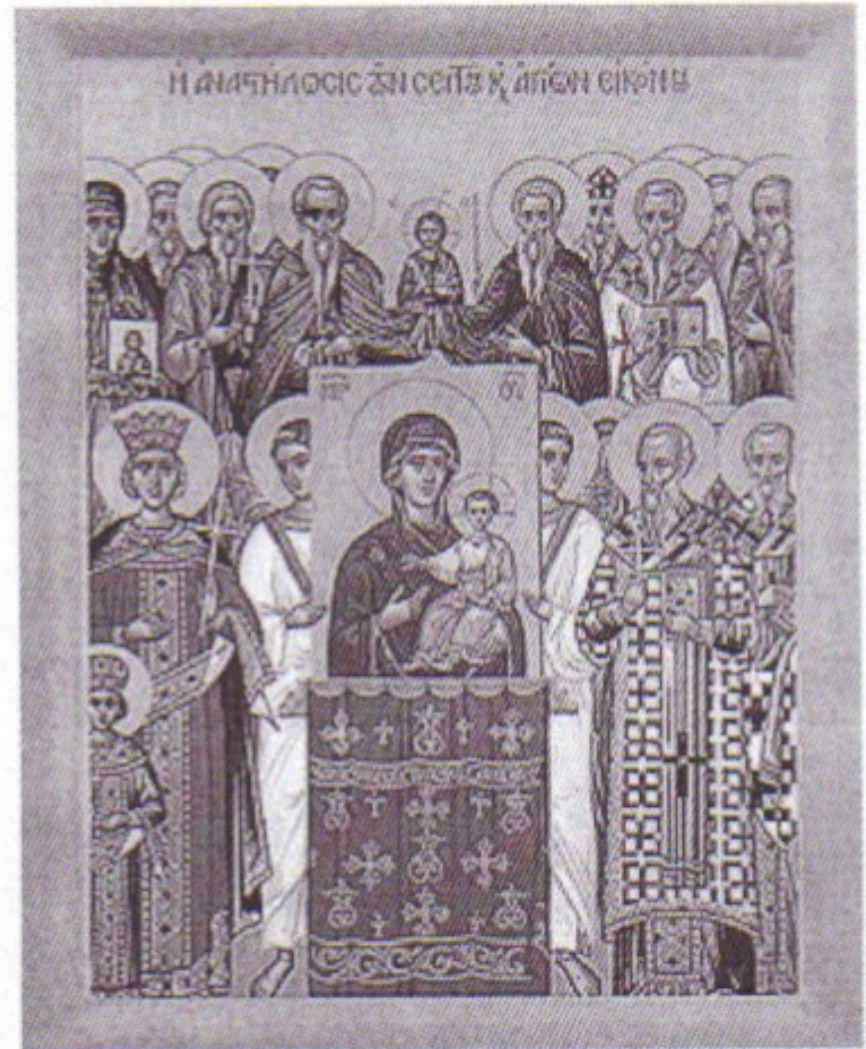
**Tuesday, April 12th:** 7:00 P.M.– Parish Council Meeting

**Saturday, April 16th:** Lazarus Saturday- 9:00 A.M. Divine Liturgy

**Sunday, April 17th:** Palm Sunday



## SAINT MARY ANTIOCHIAN ORTHODOX CHURCH



*Sunday, March 13, 2022*

**First Sunday of Great Lent:  
Sunday of Orthodoxy**

***Saint Mary Antiochian Orthodox Church***  
***“A parish of the Antiochian Orthodox Christian Archdiocese of North America”***

Church Office hours: Monday– Friday 9am-1pm  
249 High Street, Pawtucket, RI 02860  
Phone (401) 726-1202 Fax: (401) 729-1203  
Parish Center Phone (401) 725-5150  
Web site: <http://stmarypawtucket.org>  
Email: [office@stmarypawtucket.org](mailto:office@stmarypawtucket.org)

**His Eminence Metropolitan JOSEPH, Archbishop of New York  
& Metropolitan of all North America**

**His Grace Bishop JOHN, Auxiliary and Bishop of the  
Diocese of Worcester and New England**

**V. Rev. Father Elie Estephan**  
Cell- 1-(240) 205-9079

**Sub-Deacon Emad Amirhom**

**Schedule of Services**

*Sunday: Orthros (Matins) 9:00 a.m.*  
*Church School 11:15 a.m.*  
*Sunday: Divine Liturgy 10:00 a.m.*

*Enter in Quietness, Rest in Prayer,  
Worship in Reverence, Depart in Peace to Serve*

**We welcome our Visitors & Guests:** Please take a moment to fill out a Visitor Card.

**Receiving Communion:** Only those Orthodox Christians who have prepared themselves may approach the chalice for Holy Communion. Everyone is welcome to partake of the Holy Bread after the Liturgy.



**Prayer Line**

St. Mary ~ Internet Prayer Line  
Prayer requests can be sent to us via the internet at  
**[office@stmarypawtucket.org](mailto:office@stmarypawtucket.org)**

All requests must be received by Wednesday noon to be included in that week's bulletin.  
Any requests received after that time will be included in the following week's bulletin.

**Coffee Hour Committee:** Latifa Alarmani- (781)414-6281  
(Please contact her to sponsor a coffee hour.)

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$200 to the church so that a Parish Council member will handle the coffee hour on your behalf.



**Coffee Hour Sponsorships.**

**Date:**

**Sponsored by:**

**Sponsored for:**

**March 13th:**  
**March 20th:**

**Emile, Ling.H & Emilio Sarkis**  
**Fadi &Hadeel Samaan**  
**Sami Dahdal**

**Health of Family**  
**Health of Family**  
**Health of Family**

**March 27th:**  
**April 3rd:**  
**April 10th:**

**His Loving Family**  
**Dr. Zeyad & Norma Morcos**  
**Their Loving Family**

**Dr. Alan Matook (40 day)**  
**Health of Iyad & Elias Morcos**  
**Ruth Ganim Salhany (12 years)**  
**William Salhany (6 months)**

(Barbara & George Moussalli & Family,  
Ken & Rania Salhany & Family, Bill & Susan Salhany & Family)

**April 17th:**  
**April 24th:**

***not available***  
***not available***

**Palm Sunday**  
**Great & Holy PASCHA**

**May 1st:**  
**May 8th:**

***available for sponsorship***  
***not available***

**May 15th:**  
**May 22nd:**  
**May29th:**

**Their Loving Family**  
**Adolina & Alex Najjar & Family**  
**Charitable Gift Program**

**Memory of Fred, Sophie and Paula Hallal**  
**Rosette Wadih Alhaddad (1 year)**  
**Charitable Gift Program Participants**

**June 5th:**  
**June 12th:**

**Nabil & Salwa Khoury**  
**St. Mary Church**

**Health of Family**  
**Last Day of Church School & Luncheon**

**June 19th:**  
**June 26th:**  
**July 3rd:**

***available for sponsorship***  
***available for sponsorship***  
***available for sponsorship***

**July 10th:**  
**July 17th:**  
**July 24th:**

***not available***  
***not available***  
**Dr. Zeyad & Norma Morcos**

**Family Day**  
**Family Day (rain date)**  
**Health of Elias Morcos (son)**  
**Memory of Elias Morcos (father)**

**July 31st:**  
**August 7th:**  
**August 14th:**  
**August 21st:**  
**August 28th:**

***available for sponsorship***  
***available for sponsorship***  
***available for sponsorship***  
***not available***  
***available for sponsorship***

**Feast Day Weekend Aug. 19th-21st**

## Great Lent and Holy Pascha 2022 Easter Flowers (Holy Friday and Pascha)

Please make a donation to help decorate the Church for Holy Week and Easter.

**For Good Health and Blessing of:**

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**In Loving Memory of:**

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**Your name:**

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**Donation:**

To all those who would like to contribute for the Easter Flowers; checks should be made out to St. Mary Orthodox Church and earmarked "Easter Flowers".

*All donations should be received by April 17th..*



## Sunday of Orthodoxy

**Tone: 5 Eothinon: 5**

### **RESURRECTIONAL APOLYTIKION: TONE 5**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

### **APOLYTIKION OF FIRST SUNDAY OF GREAT LENT IN TONE: 2(CHANT) (CHORAL)**

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

### **APOLYTIKION OF THE DORMITION: TONE 1**

In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

### **KONTAKION FOR SUNDAYS IN GREAT LENT: TONE 8 (chant) (choral)**

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

### **Cemetery Plots**

If you wish to purchase a cemetery plot at Walnut Hill Cemetery, the cost is \$1,000. Please contact Ed Ayoub for more information or to purchase a plot.

### **Arabic Liturgy**

Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.



**The Epistle**  
**Hebrews 11:24-26, 32-40**

Prokeimenon: Blessed are you, O Lord, God of our Fathers.  
Verse: For you are righteous in all things you have done for us.  
The reading is from Saint Paul's Letter to the Hebrews.

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time will fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets - who through faith conquered kingdoms, and enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated (of whom the world is not worthy) wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

**The Gospel**  
**John 1:43-51**

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Beth-saida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."



**St. Mary Church School**  
**& Teen SOYO News**

**Attention All Parents:** Please bring your children to the Liturgy before Church School. Church School starts every Sunday following communion (Approx. 11:15am).

**Upcoming events:**

Sunday, March 13th: Sunday of Orthodoxy-no Sunday School, bring an icon to Liturgy  
Saturday, April 16th: 9am-Lenten Retreat (before and after Liturgy)



**Liturgical Supplies and Offerings for Lent**

During Great Lent the Church offers an intensified schedule of Divine Services and Prayers. Donations are being sought from the faithful for the many extra Liturgical Supplies needed for the Holy Season. These offerings include candles, wine, oil, incense, bread, service books, music and printed materials. Please earmark your donations and offerings “Liturgical Supplies.” Along with these offerings, bring also yourselves to pray the beautiful Lenten Services.

**Food For Hungry People Collection (F.F.H.P.)**

“When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He Himself who is fed. For through that which appears to be not Christ, yet in that person’s form, it is Christ Himself who receives and begs.”

~St. John Chrysostom

During the Holy Season of Lent, we collect alms to feed the hungry, as an act of Christian Mercy. Food for Hungry People collection boxes are available in the Vestibule & Church Hall. Take one home, fill it with coins during Lent and return it at Holy Pasha (Easter). Donations will also be accepted. To: St. Mary Orthodox Church earmarked “F F.H.P.”

May we be generous to reach out to those who hunger and who are in need.  
This “reaching out” and caring will help us to witness the resurrection.

# St. Mary Antiochian Orthodox Church, Pawtucket

## Schedule of Services: Great Lent 2022

Great Lent begins on March 7th

The Service of Great Compline (St. Mary Church) will be held on Tuesday evenings at 7:00 pm.  
Thursday Evenings (in Arabic) at 7:00pm

The Liturgy of the Pre-sanctified Gifts will be held on Wednesday evenings at 7:00 pm. Those wishing to partake of Holy Communion ought to be fasting from 12:00 noon on.

The service of the Akathyst Hymn or Madeeh (The Salutations to the Virgin Mary) will be held on the first five Friday evenings of Great Lent at 7:00 pm.

\*\*The service of Lenten Vespers will be held on the following Sunday evenings at the following churches at 5:00 pm:

- ~ March 13th: St. Mary Church, Pawtucket (249 High St., Pawtucket, RI)
- ~ March 20th: St. John's Parish (501 East St., Woonsocket, RI)
- ~ March 27th: St. Spyridon's Parish (390 Thames St., Newport, RI)
- ~ April 3rd: St. Michael's Parish (74 Harris Ave, Woonsocket, RI)
- ~ April 10th: St. Mary/Mena's Parish (2433 Scituate Ave, Hope (Cranston))

*\*\*These Vespers are held and organized by the Rhode Island Orthodox Clergy Fellowship*

Eve of Annunciation Great Vespers: Thursday, March 24th- Annunciation Parish (175 Oaklawn Ave, Cranston at 6:00 p.m.  
Liturgy for the Annunciation of the Theotokos : Friday, March 25th:- St. Mary Church, Pawtucket at 9:00 a.m.

The Divine Liturgy on Lazarus Saturday, April 16th, will be celebrated at 9:00 a.m.

Palm Sunday is on April 17th

Holy Week starts on Sunday evening April 17th with the Bridegroom Service at 7:00 p.m.

Great and Holy Week: Monday, April 18th - Saturday, April 23rd

Great and Holy PASCHA (Easter) is April 24th

*May the Living God, the Fountain of Wisdom, enlighten our minds, strengthen our bodies, and nourish our souls in the blessing of this holy season, the Lenten Spring.*

### PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Kevin Hashway  
Mark Hashway  
Offered by: Elaine Wilbur

Victoria Hallal  
Offered by: Ron Hallal

Josephine Karam  
Ed Betor  
Offered by: Elie, Julia & Naji Karam

Nabil Khoury  
Najla Estephan  
Cindy Hayes  
Saliba, Robin, Bianca, Michelle Saliba  
Offered by: Nabil & Salwa Khoury

Cindy Hayes  
Tony and Fadia Kabak  
Mary Massiwer  
Mack and Louise Megalli  
Mother Xenia Minihan  
Elmer and Cheryl Stanley and Family  
Madison Tucker  
Offered by: Michael, Nancy, Jacob & Victoria Muller

People of Ukraine  
Ukrainian Refugees  
Offered by: Ed & Lisa Ayoub

Sam & Helen Morcos  
Offered by: Joe & Marlene Samra



### IN LOVING MEMORY OF:

Janice Hallal  
Offered by: Her Loving Husband Ron

Fred Hashway  
Offered by: Elaine Wilbur

Al Hallal  
Offered by: Ron Hallal

Albert Hallal  
Offered by: Rhonda, Keith & Sharyn Hallal & Family

Laure Karam  
Offered by: Karim Karam & Family

Alan Matook  
Offered by: Joe & Marlene Samra

### Extra Collection

Today on the Sunday of Orthodoxy, as is the custom in our Archdiocese, an extra collection will be taken in support for Theological education and our Seminarians. Please be generous so that the Church can afford to train, equip and support the formation and education of our future pastors and educators.

### Coffee Hour

Today, Coffee Hour is being offered by Emile, Ling.H & Emilio Sarkis for the Health of their Family. Coffee Hour will be held at the Parish Center following Liturgy.  
All are welcome to attend.



# GREAT LENT 2022

March 7th ~ April 24th (Holy Pascha)



## What is Lent?

Prayer ✝ Fasting ✝ Acts of Mercy

## *Orthodox Vocabulary*

### Prostration

A bodily posture of reverence and homage to God made by kneeling on both knees while touching the hands and forehead to the ground. The sign of the Cross is often made preceding or following each prostration. In prostrating, the believer demonstrates humility to God and at the same time trains the body in physical enactment and discipline of that foundational Spiritual posture.



*The mathematics of God is completely different from the mathematics of humans. For us two and two equal four. For God two and two can make five or fifteen or anything else.*

~Elder Epiphanius of Athens



## THE SYNAXARION (Plain Reading)

On March 13 in the Holy Orthodox Church, we commemorate the translation of the relics of Nikephoros, patriarch of Constantinople; and Bishops Poplias and Marios. On this same day, the First Sunday of the Fast, we make remembrance of the restoration of the holy and venerable Icons, which took place through the ever-memorable Sovereigns of Constantinople, Michael and his mother, Theodora, during the patriarchate of Saint Methodios the Confessor. Verses I rejoice, as I see them fittingly reverence The icons formerly unfittingly banished. This restoration was accomplished in the year 842. Theodora's husband was an iconoclast. After his death, Theodora venerated an icon of the Theotokos in front of Patriarch Methodios. The other faithful in the church did the same, venerating all the icons, considering them to be representations of their original elements, not idols. Theodora prayed to God to forgive her husband during the first week of Great Lent; and on the First Sunday of the Fast, she led the way in hanging up the icons to adorn the churches. O invariant Icon of the Father, through the intercessions of Thy holy Confessors, have mercy on us. Amen.

## Spring / Mother's Day Hafli

**Date:** Saturday May 7, 2022

**Time:** 8:00 pm-1am

**Place:** St. Mary Parish Center

**Singer:** Salah Kurdi

**Tickets :** \$125.00 VIP

**\$100.00**

**OPA- Full Dinner**

**For Tickets contact:**

Contact Fr. Elie (240) 205-9079

Walid Nakhoul (401) 692-1250

Ghassan Alarmani (781) 414-1091

Fouad Alzaibak (781) 888-4448



There are many unsponsored Coffee Hours. If you would like to sponsor one, please contact:

*Latifa Alarmani- (781)414-6281*

***Thank you for your support.***

