

CHURCH CALENDAR

Sunday, March 27th: Holy Cross— Third Sunday of Lent
Memorial Service for Alan Matook (40 day)

Tuesday, March 29th: 7:00 P.M.— Service of Great Compline at St. Mary Church

Wednesday, March 30th: 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

Thursday, March 31st: 7:00 P.M.— Service of Great Compline at St. Mary (in Arabic)

Friday, April 1st: 7:00 P.M.- Akathyst Hymn at St. Mary Church

Saturday, April 2nd: 6:00 P.M.— Arabic Liturgy

Sunday, April 3rd: John Climacus— Fourth Sunday of Lent

Tuesday, April 5th: : 7:00 P.M.— Service of Great Compline at St. Mary Church

Wednesday, April 6th: 7:00 P.M.- Pre-Sanctified Liturgy at St. Mary Church

Thursday, April 7th: 7:00 P.M.— Service of Great Compline at St. Mary (in Arabic)

Friday, April 8th: 7:00 P.M.- Akathyst Hymn at St. Mary Church

Sunday, April 10th: Mary of Egypt— Fifth Sunday of Lent
Memorial Service for Ruth Salhany (12 years)
Memorial Service for William Salhany (6 months)

Tuesday, April 12th: 6:00— Parish Council Meeting

Saturday, April 16th: Lazarus Saturday- 9:00 A.M. Divine Liturgy
Church School- 9am-Lenten Retreat (before and after Liturgy)

Sunday, April 17th: Palm Sunday
8:50 A.M.— Orthros
10:00 A.M.— Divine Liturgy and Procession with Palms
6:30 P.M.— Bridegroom Service

Monday, April 19th: Great and Holy Monday
7:00P.M.— Bridegroom Service

Tuesday, April 20th : Great and Holy Tuesday
7:00 P.M.— Bridegroom Service

Wednesday, April 21st: Great and Holy Wednesday
7:00 P.M.— Sacrament of Holy Unction

Thursday, April 22nd: Great and Holy Thursday
10:00 A.M.— Divine Liturgy
7:00 P.M.— Service of the Twelve Passion Gospels

Friday, April 23rd: Great and Holy Friday
10:00 A.M.— Royal Hours
11:00 A.M.— Great Vespers of the Taking Down of the Cross



SAINT MARY ANTIOCHIAN ORTHODOX CHURCH

BEFORE THY CROSS WE BOW DOWN IN WORSHIP,
O MASTER,
AND THY HOLY RESURRECTION WE GLORIFY!



VENERATION OF THE CROSS - SESSIONAL HYMN

No sooner had the wood of Thy Cross been set up, O Christ our Lord, than the foundations of death were shaken. Hell swallowed Thee eagerly, but it led Thee go with trembling. Thou hast shown us Thy salvation, O Holy One, and we glorify Thee, O Son of God; have mercy on us!

Sunday, March 27, 2022

*Third Sunday of Lent:
Veneration of the Holy Cross*

Saint Mary Antiochian Orthodox Church
"A parish of the Antiochian Orthodox Christian Archdiocese of North America"

Church Office hours: Monday– Friday 9am-1pm
249 High Street, Pawtucket, RI 02860
Phone (401) 726-1202 Fax: (401) 729-1203
Parish Center Phone (401) 725-5150
Web site: <http://stmarypawtucket.org>
Email: office@stmarypawtucket.org

**His Eminence Metropolitan JOSEPH, Archbishop of New York
& Metropolitan of all North America**

**His Grace Bishop JOHN, Auxiliary and Bishop of the
Diocese of Worcester and New England**

V. Rev. Father Elie Estephan
Cell- 1-(240) 205-9079

Sub-Deacon Emad Amirhom

Schedule of Services

Sunday: Orthros (Matins) 9:00 a.m.
Church School 11:15 a.m.
Sunday: Divine Liturgy 10:00 a.m.

*Enter in Quietness, Rest in Prayer,
Worship in Reverence, Depart in Peace to Serve*

We welcome our Visitors & Guests: Please take a moment to fill out a Visitor Card.

Receiving Communion: Only those Orthodox Christians who have prepared themselves may approach the chalice for Holy Communion. Everyone is welcome to partake of the Holy Bread after the Liturgy.



Prayer Line

St. Mary ~ Internet Prayer Line
Prayer requests can be sent to us via the internet at
office@stmarypawtucket.org

All requests must be received by Wednesday noon to be included in that week's bulletin.
Any requests received after that time will be included in the following week's bulletin.

Coffee Hour Committee: Latifa Alarmani- (781)414-6281
(Please contact her to sponsor a coffee hour.)

The Parish Council has decided to implement a new system to organize our coffee hours. There are two ways to handle this: when a couple, family, or an individual decides to sponsor the coffee hour, you may do it on your own which entails purchasing the pastry & juice, making the coffee, setting up the table, and cleaning up. The second option is to donate \$200 to the church so that a Parish Council member will handle the coffee hour on your behalf.



Coffee Hour Sponsorships

Date:

Sponsored by:

Sponsored for:

March 27th:

His Loving Family

Dr. Alan Matook (40 day)

April 3rd:

Dr. Zeyad & Norma Morcos

Health of Iyad & Elias Morcos

April 10th:

Their Loving Family

Ruth Ganim Salhany (12 years)

(Barbara & George Moussalli & Family,
Ken & Rania Salhany & Family, Bill & Susan Salhany & Family)

William Salhany (6 months)

April 17th:

not available

Palm Sunday

April 24th:

not available

Great & Holy PASCHA

May 1st:

available for sponsorship

May 8th:

not available

May 15th:

Their Loving Family

Memory of Fred, Sophie and Paula Hallal

May 22nd:

Adolina & Alex Najjar & Family

Rosette Wadih Alhaddad (1 year)

May 29th:

Charitable Gift Program

Charitable Gift Program Participants

June 5th:

Nabil & Salwa Khoury

Health of Family

June 12th:

St. Mary Church

Last Day of Church School & Luncheon

The St. Mary's Choir is now inviting new singers to join us from the congregation. With the public health situation in Rhode Island improving steadily, we are able to have masking as an optional policy for singers. If you love the music of our church, if you enjoy singing along with us from the pews, we would be delighted to have you join us upstairs in the choir loft.

Please contact the director Susan Harvey
(Susan_Harvey@Brown.edu) with any questions or concerns. Join us in offering the beauty of music – a "sacrifice of praise" – as we lead our parish in singing the prayer of worship.



Great Lent and Holy Pascha 2022
Easter Flowers (Holy Friday and Pascha)

Please make a donation to help decorate the Church for Holy Week and Easter.

For Good Health and Blessing of:

In Loving Memory of:

Your name:

Donation:

To all those who would like to contribute for the Easter Flowers; checks should be made out to St. Mary Orthodox Church and earmarked "Easter Flowers".

All donations should be received by April 17th..



Third Sunday of Lent

Tone: 7 Eothinon: 7

RESURRECTIONAL APOLYTIKION: TONE 7

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION FOR THE HOLY CROSS: TONE 1 (CHANT) (CHORAL)

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

APOLYTIKION OF THE DORMITION: TONE 1

In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

KONTAKION FOR SUNDAYS IN GREAT LENT: TONE 8 (chant) (choral)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.



Arabic Liturgy

Arabic Liturgy is being offered the first Saturday of each month at 6:00 P.M. All are welcome and encouraged to attend.

THE EPISTLE

O Lord, save Thy people and bless Thine inheritance. Unto Thee, O Lord, will I cry, O my God!

The Reading from the Epistle of St. Paul to the Hebrews. (4:14-5:6)

Brethren, since we have a great High Priest, Who has passed through the heavens, Jesus the Son of God, let us hold fast the confession. For we do not have a High Priest Who is unable to sympathize with our infirmities, but one Who has been in all points tempted like as we are, yet without sin. Let us therefore draw near with boldness to the throne of grace, that we may receive mercy, and may find grace to help in time of need. For every high priest, being taken from among the people, is appointed on behalf of the people in things pertaining to God, that he may offer up both gifts and sacrifices for sins; who can have compassion on the ignorant and on those who are erring, since he himself also is encompassed with infirmity. Because of this he is bound, as for the people so also for himself, to offer up for sins. And no one takes the honor upon himself, but as being called by God, as was Aaron. So Christ also did not glorify Himself to become a High Priest, but it was by the One saying to Him, "Thou art My Son, today I have begotten Thee." As He says also in another place, "Thou art a Priest forever, according to the order of Melchizedek."

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



St. Mary Church School & Teen SOYO News

Attention All Parents: Please bring your children to the Liturgy before Church School. Church School starts every Sunday following communion (Approx. 11:15am).

Lenten Retreat Sat, April 16

Please join us for a Sunday School Lenten Retreat on Saturday, April 16 at 9am. We will attend Liturgy, then have a potluck breakfast meal together. Then we will learn a bit about Holy Week, fold Palm crosses, and make "blessing bags" for those less fortunate than us.

Please RSVP via the link below and sign up to bring something for breakfast.

<http://evite.me/N164ZwgJ3B>

Sunday School will be making "blessing bags" during their Lenten Retreat on Lazarus Saturday.

(Please bring your donations by April 10th)

They are looking for donations of the following items:

- gallon size ziploc bags
- travel size toiletries (deodorant, toothpaste/brush, soap, chap stick, etc.)
- adult size socks
- small hand sanitizers
- combs, nail clippers, or bandaids
- small baby wipes packages

Monetary donations are also appreciated.


Thanks

St. Mary Antiochian Orthodox Church, Pawtucket

Schedule of Services: Great Lent 2022

Great Lent begins on March 7th

The Service of Great Compline (St. Mary Church) will be held on Tuesday evenings at 7:00 pm.
Thursday Evenings (in Arabic) at 7:00pm

The Liturgy of the Pre-sanctified Gifts will be held on Wednesday evenings at 7:00 pm. Those wishing to partake of Holy Communion ought to be fasting from 12:00 noon on.

The service of the Akathyst Hymn or Madeeh (The Salutations to the Virgin Mary) will be held on the first five Friday evenings of Great Lent at 7:00 pm.

**The service of Lenten Vespers will be held on the following Sunday evenings at the following churches at 5:00 pm:

~ March 27th: St. Spyridon's Parish (390 Thames St., Newport, RI)
~ April 3rd: St. Michael's Parish (74 Harris Ave, Woonsocket, RI)
~ April 10th: St. Mary/Mena's Parish (2433 Scituate Ave, Hope (Cranston)

***These Vespers are held and organized by the Rhode Island Orthodox Clergy Fellowship*

Eve of Annunciation Great Vespers: Thursday, March 24th- Annunciation Parish (175 Oaklawn Ave, Cranston at 6:00 p.m.
Liturgy for the Annunciation of the Theotokos : Friday, March 25th:- St. Mary Church, Pawtucket at 9:00 a.m.

The Divine Liturgy on Lazarus Saturday, April 16th, will be celebrated at 9:00 a.m.

Palm Sunday is on April 17th

Holy Week starts on Sunday evening April 17th with the Bridegroom Service at 7:00 p.m.

Great and Holy Week: Monday, April 18th - Saturday, April 23rd

Great and Holy PASCHA (Easter) is April 24th

May the Living God, the Fountain of Wisdom, enlighten our minds, strengthen our bodies, and nourish our souls in the blessing of this holy season, the Lenten Spring.



40 Day Memorial Service



Today, a 40-Day Memorial Service is being held for Dr. Alan Matook by His Loving Family. Coffee Hour will be held at the Parish Center following Liturgy. All are welcome to attend.

PRAYERS ARE BEING OFFERED FOR GOOD HEALTH AND BLESSING OF:

Kevin Hashway
Mark Hashway
Offered by: Elaine Wilbur

Victoria Hallal
Offered by: Ron Hallal

Josephine Karam
Ed Betor
Offered by: Elie, Julia & Naji Karam

Nabil Khoury
Fr. Elie, Kh.Rouba, Tala, Bassam, & Chadi Estephan
Florence & Phil Spenard & Family
Sandy Matook & Family
Saliba, Robin, Bianca, Michelle Saliba
Offered by: Nabil & Salwa Khoury

Tony and Fadia Kabak
Mack and Louise Megalli
Mother Xenia Minihan
Elmer and Cheryl Stanley and Family
Madison Tucker
Offered by: Michael, Nancy, Jacob & Victoria Muller

Phil & Flo Spenard & Family
Offered by: Sandra Matook
George & Kim Matook & Family
Steve & Elaina Zabak & Family

Flo & Phil Spenard & Family
Sandy Matook & Family
Offered by: Elaine Gauthier

Florence & Phil Spenard & Family
Sandy Matook & Family
Fr. Elie Estephan
Nabil & Salwa Khoury
Offered by: Walid & Mirna Nakhoul

Nora Abdelahad (97th Birthday)
Offered by: Her Loving Family

Fr. Elie Estephan
Samy Morcos
Offered by: Ray & Leila Trabulsi



Phil & Florence Spenard & Family
Sandra Matook & Family
Offered by: Nora Abdelahad
Elaine Agaty

Dr. Nabil & Salwa Khoury
Mary Massiwer
Saliba, Robin, Bianca & Michelle Saliba
Fr. Elie & Kh. Rouba Estephan
Florence & Phil Spenard & Family
Sandy Matook & Family
Offered by: John, Anita, Reyna & Anthony Chamoun

Mary Massiwer
Cindy Hayes
Douglas Elkas
Sandra Matook
Our Children & Grandchildren
All of our loving family members
All of our fellow parishioners
Offered by: Phil & Flo Spenard

Dr. Nabil Khoury
Offered by: A Friend

Alexi, Adibe, Alexis, Aline
Johny, Samar, Toufic, Esther, Perla & Georgio
Mirvat, Nicole, Nadine, Khalil, George & Elie
Offered by: Adibe Saad & Family

Fr. Elie & Family
Offered by: George & Barbara Moussalli

Fr. Elie Estephan
Samy Morcos
Elaine Wilbur
Lorice Hallal
Barbara Samra
Offered by: Nora Abdelahad
Elaine Agaty
Sandra Matook



**PRAYERS ARE BEING OFFERED FOR
GOOD HEALTH AND BLESSING OF:**

Flo & Phil Spenard
Sandra Matook
Mary Massiwer
Cindy Hayes
Tony & Fadia Kabak
Bob & Christine Briggs
Christopher Briggs
David Sutherland & Stephanie Briggs
Wade, Jenna, Brooklyn & Jade Briggs
Mary Jane, Vanessa & Claudine Wehbe
Offered by: Bob & Christine Briggs
Mary Jane Wehbe



Fr. Elie Estephan
Dr. Nabil Khoury
Spenard & Matook Family
Offered by: Mary Massiwer & Family

Fr. Elie Estephan
Offered by: Patricia Kilsey & Family
Mary Massiwer
Cindy Hayes
Flo & Phil Spenard & Family
Sandy Matook & Family
Offered by: Bill & MaryLou Catelli

Fr. Elie Estephan, Kh. Rouba, Tala, Chadi & Bassam
Tony Khoury & Family
Rouaida Aghia & Family
Gladys Sarji & Family
Micheline Ghanem
Bachar & Rita Massey & Family
Alice & Maha Samaan
Dr. Fadi & Dr. Hadeel Samaan
Ed & Amal Bakleh
Ragheed Elias & Family
Kamal & Christine Behd & Family
Dr. Joe & Marlene Samra
Dr. Nabil & Salwa Khoury
Sandra Matook
Michael & Nancy Muller & Family
Walid & Mirna Nakhoul
Yacoub & Charlotte Mitri
Pat & Melissa Kilsey
Lorice Hallal
Philip & Bette Ayoub
Mary Massiwer
Fred & Adele Shwaery
Cindy Hayes & Family
Linda Dvelis
John & Anita Chamoun & Family
Ken & Rania Salhany & Family
Paul, Maureen & Mary Gurghigian
All St. Mary Parishioners
Offered by: Tony & Fadia Kabak

THE SYNAXARION (Plain Reading)

On March 27 in the Holy Orthodox Church, we commemorate the holy Martyr Matrona of Thes-salonica; Martyrs Philetos the senator, his wife Lydia of Rome and those with them; and Paul, bishop of Corinth. On this same day, the Third Sunday of the Fast, we keep the feast of the Vener-ation of the honorable and life-creating Cross. Verses Let the whole world entire worship the Cross through Which it truly knew to worship Thee, O Word. Every hard and strenuous work is accomplished with great difficulty, which appears especially in the middle of such work; for the effort in this performance brings with it fatigue which makes the accomplishment of the rest diffi-cult. Having arrived with God’s grace at the middle of the Fast, our compassionate Mother—the Holy Orthodox Church—thought fit to reveal to us the Holy Cross as the joy of the world and power of the faithful to help us carry on the struggles of the divine Fast. By its power, O Christ God, preserve us from the crafty designs of the evil one and account us worthy to worship Thy divine Passion and life-giving Resurrection, as we achieve the course of 22 the Forty Days with ease, and have mercy on us, as Thou alone art good and the Lover of mankind. Amen.

IN LOVING MEMORY OF:

Janice Hallal
Offered by: Her Loving Husband Ron

Fred Hashway
Offered by: Elaine Wilbur



Al Hallal
Offered by: Ron Hallal

Albert Hallal
Offered by: Rhonda, Keith & Sharyn Hallal
& Family

Alan Matook
Offered by: Sandra Matook
George & Kim Matook & Family
Steve & Elaina Zabak & Family

Georges Karam– 5 Year Anniversary (March 28th)
Offered by: His Loving Family

Alan Matook
Offered by: Elaine Gauthier

Alan Matook
Offered by: Nabil & Salwa Khoury

Alan Matook
Offered by: Walid & Mirna Nakhoul

Alan Matook
Offered by: Bill & MaryLou Catelli

Alan Matook
Offered by: Patricia Kilsey

Charles Abdelahad (8 year anniversary)
Offered by: His Loving Family

Alan Matook
Offered by: Nora Abdelahad
Elaine Agaty

Dr. Alan Matook (our beloved brother & uncle)
Offered by: Phil & Flo Spenard
Bria Bleasdale,
Beth, Doug, & Austin McGrath
Sheri, Zachary & Adam Turner

George Matook Sr.
Alma Matook
Thomas Matook
George T. Matook
Scott Bleasdale
Christopher Spenard
Helen Roche
Offered by: Phil & Flo Spenard

William & Ruth Salhany
Alan Matook
Offered by: George & Barbara Moussalli

Rosette, Gerjy & Toufic
Berna, Aida, Wadi3a, Wadi3
Offered by: Adibe Saad & Family

Alan Matook
Offered by: Ray & Leila Trabulsi

Dr. Alan Matook
Edward & Florence David
Adele David
Genevieve David
Offered by: Bob & Christine Briggs
Mary Jane Wehbe

Alan Matook
Offered by: John, Anita, Reyna & Anthony Chamoun

Alan Matook
Offered by: Mary Massiwer & Family

Dear Brothers & Sisters in Christ,

We pray that you and your loved ones are doing well. We would like to inform you that Fr. Elie had surgery last Wednesday, but is doing well. He always prays for us, so please keep him in your prayers for a speedy recovery.

I would like to thank everyone who offered prayers, cards and phone calls during my recent Double Lung Transplant Surgery. I am doing well and thank everyone for their support my recovery.

Thank you,
Tony Kabak

